

livelihoods

today and tomorrow

January 2020









- Yogakshemam I
- Yogakshemam II



New Year! Vaikunta Ekadasi! Sankranti! Republic!

Let us remember Guru Gobind.

Let us work with Youth, the backbone.

Let us care our infants, empower our families.

Let there be peace. For all. Everywhere. Let us laugh. Wholeheartedly.

Let us have faith in our Army et al. Let us have faith in our services of customs et al to be people-friendly.

Let us be number friendly and crunch data. Let us analyze and interpret data.

Let us be sensitive and caring. The ill and the rehabilitated. The leprosy.

Let us travel. Let us experience the world in its diversity, variants.

Let us vote. Let us make our country a dynamic and live-lively republic. With equity. Equality.

Let us remember our martyrs and make our country and world, better place, for which they martyred.

Wetlands | Guru Ravidas | Valentines | Dayanand Saraswati | Shivaji | Sivaratri | Science

Maha 'Cabinet' comes in with a father and a son. Ajit Powar remains Deputy CM. An ex -CM becomes a Minister. Jharkhand slips from BJP. Hemant Soren becomes CM second time.

India is now 28 States, and 8 UTs.

India gets its first CDS - Bipin Rawat.

Annular Solar Eclipse. Ring of Fire.

At Hyderabad, RSS articulates that all 137 Crore living in India are Hindu and they hail and work for Bharatmaata.

Development needs decentralization, thematic distribution and focus, and not multiple capital cities.

Let us be with our native world: mother, family, place, language et al. As much as possible.

HDR 2019 has been released. India is still in the bottom guarter.

We are now a portal with links with facebook, linkedin, twitter, and Instagram. We will add more. Our co-travellers are giving more notes, blogs, videos and pictures. We want more of them.

147th 'livelihoods' is presented herewith. Our picks of the month include:

How to - Books of Accounts - Compliances of the Farmer Producer Companies

Video - VLF Leader Interview

Livelihoods Video - Chalk Piece Making

Classic Books - Rousseau's The Social Contract; Charles Darwin's The Origin

Classic Articles – Lincoln's letter to his son's teacher; The map is not. Territory; Kant's Moral Philosophy

With the faith and hope that you find this and evolving 'livelihoods' useful, we remain.



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'livelihoods' team

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How to (?)	Books of Accounts - Compliances of the Farmer Producer Companies https://www.youtube.com/watch?v=41w9XwDGL5I		
7L - Videos 1.	Vulnerable Person Interview https://www.youtube.com/watch?v=YwnjX hoi-A		
2.	Community Leader Interview - VLF Leader https://www.youtube.com/watch?v=dDWjMfVGINU		
3.	Livelihoods Video: Chalk Piece Making https://www.youtube.com/watch?v=xb5dwPtwjmY		
Supplement (News)	Monthly Livelihoods Update (December 2019) https://drive.google.com/file/d/1q6wJL6rSAulmuaKSKkXvB1x1xsVPOkVe/view?usp=sharing		
Supplement (Images)	Monthly Images Compiled (December 2019) https://drive.google.com/file/d/1yh4tD_8Zzcqt_fh0CgQwTf9j0RL_BHV9/view?usp=sharin	<u>ıg</u>	

'Yoga'kshemam

IRMA@40, 40th Foundation Day of IRMA: 14 December 2019, has seen me excited. It has been humbling to be there and articulate IRMA's next 40-60 years and beyond, in nation building. 8 Select 'Eminent' IRMANs unveiled 'nation building' agenda from 0900-1800 hrs, in IRMA Auditorium, with a break for Vice President came to launch the Coffee Table Book of IRMA, in NDDB's Auditorium. I have also spent another 24 hours with Alumni, Students and Teachers. IRMA@40 led me to reflect on LPRD (Livelihoods-Poverty Reduction-Development), PVM (Poor-Vulnerable-Marginalized), LMME(Leadership-Management-Mentoring-Entrepreneurship), and $B \rightarrow U$ (Bharat \rightarrow Universe) flows in N-domain. IRMA and IRMAs have a huge role in influencing these flows, referred here as IRMA ways. The strands of reflections include -

- The Thought "we live, we lead and we are led": we are a shortlived insignificant speck in this universe; we are part of a symbiotic universe and our existence is a function of existence of and dependence on other animate/inanimate objects; our present/potential achievement is infinitesimally small vis-à-vis what we have been 'graced' with; we are mere trustees; 'I' of life resists surrendering to the universe's infinite intelligence and humility helps in flowing with it; reflection, living with and loving all life and nature is a way.
- Mahatma Gandhi: "Poverty is an affront to human dignity"
- Kurien: "Poor cannot be served poorly"; "If Democracy is not working, add More Democracy".
- **G** Muralidhar
- - My Journey: Moved from Gurukulams→NIT $Warangal \rightarrow$ Teaching Computers Society→IRMA

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 - Moved from Rural→TRUE (Tribal, Rural, Urban and Emerging); Portfolio Entrepreneur.
 - Become a Development/Livelihoods Lifeworker by choice. Not a bad student.
 - IRMA offered license. Extraordinary opportunities to learn and be useful. It offered 'space' to learn. From the Field. From experiencing. From 500+ Books. From Kurien et al. It gave life friends. Manoharan et al.
 - IRMA was a Gurukuam of Gurus, and Sahadhyaayees. It has taken us through Frameworks and logic. It taught us rigour, focus, and stamina (to be at an issue). It taught us Love. Love all. Love all life. It taught us values - Hope, Faith, Promise.
 - IRMA made me a better human being and initiated and taken me for life into development world.
 - We want to IRMA to continue to be all this.
 - IRMA license lets doors open for us. It has facilitated intense diverse experience portfolio - Integrated; Nuanced themes; Selfhelp architecture; LPRD; Academic; Govt; Outside Govt.

- Context: Crises are looming large. Climate crisis. Agrarian/ Farming crisis. Food-Nutrition crisis. Health crisis. Poverty-Vulnerability-Marginalization-Inequity Crisis. Unemployment, underemployment and forced migration is still alarmingly large. Most Pass-outs do not have employable skills. Dropouts from Education Funnel are high. Many of existing and emerging Livelihoods are unstable. Many of us are eking out a mediocre living. We do not have access to the life basics - need air, water, food-nutrition, clothes, shelter and entertainment. And as the crunch sets in, we, as a humanity, need just these. We need to live.
- We need to survive. What use are these currencies. Bank balances. Shares and Funds. Investments. What use is this wealth and prosperity. What use are these egos. We need to live and we need to let life live.
- Our present paradigms appear wrong. We need to slide into new paradigms. We have a 12-year window. In 60 harvest cycles, extinction begins. Of course, it begins with the poorest. With the most vulnerable. With the most marginalized.
- IRMA, my alma mater, founded by Dr Verghese Kurien, has completed 40 years. IRMA@40 needs to think about IRMA(s)@80 or 100.
- I am currently pursuing ZBNF, a No Chemical Portfolio of Regenerative Agro-ecological Practices since 2016. It is about No

- Chemical Plant Management. 4 Wheels [Inoculants-Amritas seed coating, soil treatment), Achchaadana, Whaapasa] – before, with & after \rightarrow Soil Food Web, 365DGC, landscapes, and Integrated Farming. It is about living soils, microbes, sunlight, air, and some water.
- It seeks unprecedented Paradigm Shifts on Planetary-Scale and System wide Transformation. All Farmers. Farms. Practices. Extension is of the farmers, by the farmers and farmers. Farm Families. Owner-Tenant Farm Families. Both women and men. In their institutions. With customized models. By best-practitioner farmer-community resource persons.
- It involves Natural Farming Fellows Farming, Training, Researching, Managing; Participation of Community in Management, Accountability, ICT-led Knowledge-Extension, Tracking, Traceability and Impact, Understanding Science, and Local First Community Marketing and Long Value-chain Partnerships.
- It is being scaled-up, deep, and out. National Mission is on its way.
- It has to and it is evolving into a Movement Planet-Soil-Water-Air-Life-Human Health Global Movement at Local levels by Consumers, Children, Women, Concerned Citizens and Farmers.

- I could Lead-coauthor NRLM Framework (which has also been adopted by NULM) influencing 10 Cr PVM Families, Rs.3 L Cr. I could co-lead NRLM.
- I could contribute Livelihoods Framework Four arrows, Six capitals, Contexts, Continuums. This livelihoods equation has become popular.

$$Y = \sum_{i=1}^{n} (g_i - c_i) * r_i * d_i - \sum_{j=1}^{m} c_j * r_j * d_j - \sum_{k=1}^{l} c_k$$

- Now, we could discuss Natural Farming and Living. 'leadership-management-mentoring-entrepreneurship' in L-Portfolio, N (natural)-backbone. 7L (Life, Living, Livelihoods, Linkage, Leadership, Learning and Love).
- 'livelihoods' e-magazine for last 12 years has become a portal now.
- My learnings include: there are no experts here (God may be an expert; or idiots may be) but we can master KST-LEAP Tools to map, analyze, customize; we need to dig deeper, and have birdworm views; we need to move from fish-fishing to fish-fishingmeta-fishing/skills; we need to be concerned about Sustainability of Purpose to last and as legacy; we need to appreciate Institutions are like Social Animals; Saptasutra of Institutions; we need to be in Prosperity-Empowerment-Rights Paradigm; our focus first is to be on Existing, Least Cost, Knowledge-Skills-Tools, Market, Local, and Best within; we need Partnerships; and Janaandolans are required.
- We have TRUE livelihoods Multiple Interlinked Dynamic Livelihoods in multiple hues, tailor-made to local contexts; PVM are Producers and Consumers; India is a enterprise/selfemployment centric country; and we are in a VUCA (Volatile Uncertain Complex Ambiguous) Universe.
- Therefore, we work on Livelihoods of PVM; Solidarity-Care; Education; Health; Security; Integrity; Institutions-Animators-Facilitators; Integrators; and Professionals-Community Professionals.
- Nation Building: Nation we need to talk about Universe, sum total of all souls; and Building on nurturing prosperous sustainable life, wellbeing, choices and legacy. Nation Building means Functioning State, to be read as Functioning Universe in Future, Rule of Law, Accessibility and Equitability, Inclusion, Unity in Diversity, Participation and Citizenship. It seeks augmenting Participation-Democracy-Accountability-Rights. IRMAs should be at it earnestly.
- IRMA has been successful. It established Rural Management as a profession, with 3150 alumni and 500 graduating soon. About a 50% are in 'sector' with short spells of influence. At least 10% (400) are making a significant difference in LPRD. Congratulations.

- It is time IRMAs think about meeting the need of high-end professionals, some 1-2 lakh. 5-10K/year. We need more: IRMAs; Field Models; Variety of them; Support-Advocacy-Consulting.
- We need to Scale deep, up, diverse and out N-centric LPRD individuals, collectives, enterprises, support organizations, and ecosystems (Amul-NDDB-IRMA....). Leadership-Management-Mentoring-Entrepreneurship-Technology-Policy Professionals.
- IRMAs have to be More, Faster, Deeper: Plan, Mobilize, Saturate, Include, Participate, Access to R&E; Integrate, Collectivize, Learn, Communitize, Converge, Leverage, Do, Track, Scale; Invest long-time
- IRMAs have to be in LPRD-PVM: Climate, Hunger, 1000 days, Children-Women-Youth-Elders-Challenged, Education-Health-Care, Collectives, B-S Enterprises, Government Missions/ Programs, Movements, Advocacy-Democracy, Academics, Leadership-Management-Technology - LMT4D
- IRMAs have to Teach 7L give, practice, care, couragediscipline
- IRMAs have to provide Responsible Relentless Walk-Talk Leaders with Humility, Integrity, Sarvendriya in sync, to stretch, extend, & reach out to Universe and serve people to serve people. They need to demonstrate Hope-Faith-Promise values. They need to be Loving. Kind. They need to change Leadership Styles as required. Vision should drive them. They need to build culture. Raise temperature. Hold values. Take risks. And invest time. Emotion.
- IRMA: Since IRMA peaked, there is a danger of 'resting'. IRMA
 needs to fight becoming commonplace, also ran and laidback. It
 needs to reform, transform. For transforming the Universe. IRMA
 needs to Transcend and Scale.
- Rural | Management | Anand-India | Institute | Acad |
 Collectives | Sectors | Numbers | Programs.
- It needs Field Stations; Foundation; Consulting; Writing; Channel; Alumni.
- It needs to be in Life-Livelihoods-Learning-Love. It needs to work on/with Oases, Institutions, Hybrids. Partners; on Quality, Solidarity, Policy; and with Scaling, Missions, Movements.
- It needs to be on top of the agenda conceptually in areas: Participation, Inclusion, Rights, Integration, Mobilization-Collectivization-Communitization, Learning, Advocacy, Volunteers, Payback, Social Responsibility, and Ecological Integrity.
- Specifically, IRMA has to what it is mandated with. Providing World Class Servant Leaders, Management Workers, Mentors and Social Entrepreneurs for PVM, their collectives, their support enterprises, organizations, missions, movements in LPRD. For working with Children-Youth-Women-Elders. PVM. For Prosperity of the Poor – Reduced Inequity – SDGs-UDGs – Sustainable Planet. For addressing Climate-Farm-Food-Equity Crises. For L-work in N-domain. For LOVE. They need to have

Practice, Discipline, and Concentration to love. It is rewarding, liberating and jagadaanandadaayak.

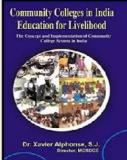
- This has to be on Scale. More #s. More Variety. More Geographies. But they have to be Bright Minds, by choice. To last. For Life. They need to be Willing Horses with Competencies. Nurtured and Shaped. They need to be Result oriented but with a critical PVM bias in actions; and with no bias in analysis.
- They need to be introduced to and/or specialized in Hybrids. Collectives. Public Organizations. PRIs. Social Themes. Missions. For Profit and Not-for-profit. They need to be High Integrity Responsible Social, Business, Academic and Political Leaders-Managers-Mentors-Entrepreneurs.
- We need more and more IRMANs almost at every significant forum.
- IRMA has to focus on Climate Change, PVM and LMME. It needs more Professors of Practice. Top Notch LPRD Practitioners-Specialists. IRMA has to treat its participants as Life Participant-Partner in IRMA, in unlearning-learning-team learning-metalearning.
- IRMA needs to be forefront. New Paradigms. It should teach them being useful. Should look at Planet, Soils, Water, Air, Panchabhuta. All Life. Should look at PVM Bottom of the Pyramid. Should teach 'down' accountability to PVM, not just the 'owners'. Personal Social Responsibility. Discuss Perceptive Intelligence, Spiritual Capital, Data, Technologies, Distribution, Justice, TRUE and blurring R-U. Relentless pursuit of Dr Kurien et al, even if there are no funds now. Discuss Role Models. Scaleout. Investing in people. Modified Hierarchy of Needs. 10000 hours to learn a discipline, art, craft.
- It should think teacher as a learning facilitator. Reduced classroom work. Increased fieldwork and field-stays (100+ nights). Experiential learning. Practice and Practice. Should think about short-term courses. Should think about development career and all careers should include development. Should have implemented a significant project by time PRM ends. May be an enterprise. Start-up.

- IRMA should teach being useful, for long, by being fit, with stamina. Food-Exercise-Relationships.
- IRMA should be a knowledge repository on PVM-LPRD-TRUE-LMME L-work N-domain. Share.
- IRMA should discuss Mentoring, Let go and Anand in mentees' work.
- IRMA has to offer others, whoever is willing to come into LPRD, -Immersions; Internships; Apprenticeships; Inductions; Visiting Fellows; Young Professional, Start-up Fellowships etc.
- IRMA has to **find more ways** Talks, Conversations; Shorter Programs; Open Courses; Distance Courses; Custom Courses; Books; Journals; ICT backbone. Learning Portal, etc.
- IRMA has to mentor IRMAs, Community Professional Academies.
 Networks. Fellowships.
- IRMA has to leverage its Brand.
- IRMA Consulting, Better than the Best, not less. Alumni as backbone. In Visioning, Design, Strategy, Planning, Monitoring, Assessments etc. Concept Papers, Case Studies. Thinktanks, Brains-Trusts.
- IRMA Foundation for Experiments, Pilots, Action Research, Adopted villages-clusters-blocks-districts, Collectives, Social Enterprises etc. To replicate AMUL-NDDB-IRMA ecosystems. To tap Philanthropy, CSR and Payback.
- IRMA has to bid to be an **Institution of Excellence**, with Rs. 1000+ Cr Corpus, 1000-member team, 1000 long-term participants/year and 100,000 short-term and community participants/year, influencing 50 Cr families, Rs. 10 Lakh Cr. IRMA needs an IRMA@100 Visioning and Strategic Plan and Activity portfolio. Right Now.

We must be at it. Nurturing servant leaders, management workers, life learner-mentors and social entrepreneurs.

Join us in the world of yoga – for 7L. Universe conspires for Aananda in N. ❖

Latest Books



Book Name: Community Colleges in

India: Education For Livelihood

Editors: Xavier, Alphonse, Si

Publication: Gyan Publishing House

Livestock-Crop Production Systems and Livelihood Development



R.K. Mishra

Book Name: Livestock-Crop Production

Systems and Livelihood Development

Author: Misra R.K

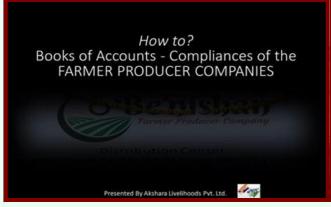
Publication: Atlantic Publishers

Distributors Pvt Ltd

Videos Supplements of the Month

How To Write FPC Books

Vulnerable Person Interview





How To - Books of Accounts - Compliances of the FPCs.

[Video Link: https://www.youtube.com/watch?v=41w9XwDGL5I]

Mrs Cheguri Lingamma, who is bedridden and belongs to S. Lingotam village in Choutuppal mandal, Yadadri district.

[Video Link: https://www.youtube.com/watch?v=YwnjX_hoi-A]

Community Leader Interview

Livelihoods Video





Community Leader interview with Badda Ushayya, who is a native of Tangadapally, Choutuppal mandal, Yadadri District. He is a VLF leader (Secretary.....

[Video Link: https://www.youtube.com/watch?v=dDWjMfVGINU]

Livelihoods video has taken with Mr. Vemula Yelender. He belongs to Revanaapally village, Pochampally. He depends on Chalk Piece Making as livelihoods.

[Video Link: https://www.youtube.com/watch?v=xb5dwPtwjmY]

Videos of the Month

Livelihoods Promotion of Person with Disabilities in Rural Madhya Pradesh	http://youtube.com/watch?v=TPiCMaUI4xM
Eco-India: How an army of women in Vellore resurrected a river that once served as their lifeline	http://youtube.com/watch?v=DCNvcs3fVkg
The future of organic farming in @India	http://youtube.com/watch?v=dkZslpKhdBs
Farmers Economic Empowerment the role of dairy cooperatives	https://www.youtube.com/watch?v=ocHltDJgiVQ
Climate Change - What is Carbon Budget? @downtoearth	https://www.youtube.com/watch?v=yls5GSePw-A
Success story - MGNREGA Mate Rajasthan	http://youtube.com/watch?v=6crgnJR5MIc
UNDP on Ending Poverty	http://youtube.com/watch?v=zm8Cu5unars
In depth: UN Human Development Index 2019 & India	http://youtube.com/watch?v=U7lCel-Vi5g
FAO Policy Services: Sustainable Agriculture & Food Value Chains	http://youtube.com/watch?v=DChZsUDZ-s4
Eco-India: How these hand-made dolls resurrected the lives and livelihoods weavers in Kerala	http://youtube.com/watch?v=KhZxB6WIjDA
Eco-friendly inventions	http://youtube.com/watch?v=gi9SeQiWHz8
Bountifuel: Empowering rural India with biomass energy	http://youtube.com/watch?v=hQVeaAcTZVQ
Livelihoods Improvement of Urban Poor Communities	http://youtube.com/watch?v=Oi4HziqKLrs
Africa, Agriculture, Value Chain, Development	https://www.youtube.com/watch?v=1SafeP5yfKA
Farm to Yarn - Organic Farming Documentary Short Film	http://youtube.com/watch?v=sOroA14h6lA
Pulling the last strings: Puppeteers of Prakasam District, Andhra Pradesh	https://www.youtube.com/watch?v=YayE-TWdqpM
Climate change is Challenging Rural	http://youtube.com/watch?v=5fdDmstgV6g
Ensuring Livelihoods security of resource poor farm households in Vindyan region of India	http://youtube.com/watch?v=DA1d6weljvI
Shivia Poultry farming enterprise	http://youtube.com/watch?v=tXtGk8PrRxk
U.N. report warns on the impacts of climate change	https://www.youtube.com/watch?v=IQpIVsxx014
Empowering Women in North East India	http://youtube.com/watch?v=jCccLzVyN4w
UPSDM supporting skill india mission	http://youtube.com/watch?v=HbCZ15Zezx8
Eco-India: This town in Kerala has set its sights on becoming India's first carbon neutral panchayat	http://youtube.com/watch?v=Noe1R2IUH6U
Why climate change in the arctic affects us all	http://youtube.com/watch?v=9t3ERx71ANA

Images of the Month





Roti Seller

Cot Weaving



Painting Work



Onion Seller

 $[Link: Monthly Compiled Images - \\ \underline{https://drive.google.com/file/d/1yh4tD_8Zzcqt_fh0CgQwTf9j0RL_BHV9/view?usp=sharing}]$

Articles of the Month

Natural Selection by Charles Darwin

Excerpts, The affinities of all the beings of the same class have sometimes been represented by a great tree. I believe this simile largely speaks the truth. The green and budding twigs may represent existing species, and those produced during each former year may represent the long succession of extinct species. At each period of growth all the growing twigs have tried to branch out on all sides, and to overtop and kill the surrounding twigs and branches, in the same manner as species and groups of species have tried to overmaster other species in the great battle for life.

https://drive.google.com/file/d/1ilk2pMuUi-fYNGI0y8nD-MAPAKjpxYLw/view?fbclid=lwAR2n0nkqaXD7BHIBP8s3hvyVNNx8rVwpCvg_GV1h5lvUn9o6CxDyK39Z1rM

Eight Sticky Traits of Uncommon Leaders

A quick guide to understanding a new and emerging field of leadership in generation Z- Thought Leadership. Short and insightful!

https://growingleaders.com/blog/eight-sticky-traits-of-uncommon-leaders/?fbclid=lwAR1fkZYMFHnrYeLH48kvgjUbjOtrShqTX3zS_rVLwcjjHzzikSeskjLndWw

I like words

In 1934, Robert Pirosh writes an epic cover letter that sets him off into a career in screenwriting, eventually winning an academy award. It's a letter none can ignore. Read below!

http://www.lettersofnote.com/2012/03/i-like-words.html

Stop obsessing about focus: Here's what your mind really needs

We know what you're thinking - Just another piece in a world of self-help literature. The mark of good writing is letting you think you had those ideas in your head all along. This article will surely do that. Read up!

https://medium.com/better-humans/stop-obsessing-about-focus-heres-what-your-mind-really-needs-3c190906a1cc

Justice as Fairness by John Rawls

In this chapter, John Rawls sketches his theory of justice. Defining society as "a cooperative venture for mutual advantage", he says that a just society offers its citizens certain inviolable basic rights which cannot be forgone for anything, except when done to prevent an even greater injustice. He says that even when men have different conceptions of justice, all can and will agree that certain rights are inalienable and that a common principle, to limit the pursuit of ends that may harm the legitimate expectations of others, is necessary. Read more below!

 $\frac{http://moskalewicz.wdfiles.com/local--files/political-parties-programs-and-doctrines/John\%20Rawls\%20-\%20A\%20Theory\%20of\%20Justice^%20Revised\%20Edition.pdf$

The work of John Nash in Game Theory - Nobel Seminar

"The writer has developed a "dynamical" approach to the study of cooperative games based on reduction to non-cooperative form. One proceeds by constructing a model of the pre-play negotiation so that the steps of [this] negotiation become moves

in a larger non-cooperative game...describing the total situation."

A panel of mathematicians and economists discuss the implications of half a century of research in game theory with particular reference to John Nash.

https://www.nobelprize.org/uploads/2018/06/nash-lecture.pdf

Whither the Indian Village

"...that whenever the occasion arises villagers are more than willing to desert the fields for a future outside the mud walls of their homes and in fields as distant from agriculture as industrial labour. The village is shrinking as a sociological reality, though it still exists as space." This article highlights the changes in the culture of Rural India as the erstwhile influence of caste and agriculture fades away.

https://drive.google.com/open?id=1jR1lJASsphmQ7l94T39CcGooxzJr8eg4

Oxygen isotope in archaeological bioapatites from India: Implications to climate change and decline of Bronze Age Harappan civilization.

As various reasons compete, for the decline of Bronze Age Harappan Civilization in the Indus-Ghaggar-Hakra river valleys. The recent study finds striking similarities between the conditions prevailing today in regions like Marathwada. While the cycle is repeating, what we brought today unto us is a manmade catastrophe pertinently

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The Social Contract by Jean Jacques Rousseau

Rousseau believed that man will live in a state of war if given absolute liberty. In such a situation, the family is the only exception, the ruler is akin to the father offering their subjects/citizens (children) care and protection. Men will alienate their liberty for their own sake. Hence arises the need for the social contract. Even now, the principles of social contract justify the existence of modern political institutions.

https://ebooks.adelaide.edu.au/.../jean_jacq.../r864s/book1.html

Narrative of the Third Voyage, 1498-1500 (Excerpt) by Christopher Columbus

"I affirm that the globe is not spherical, but that there is the difference in its form which I have described; the which is to be found in this hemisphere at the point where the Indies meet the ocean, the extremity of the hemisphere being below the equinoctial line." Observations from the voyages to unexplored territories by Christopher Colombus. Read up!

https://openamlit.pressbooks.com/chapter/narrative-of-the-third-voyage-1498-1500-excerpt/

On the uses and abuses of history- Friedrich Neitszche

"Where do the actions come from which men are capable of doing without previously having gone into that misty patch of the unhistorical?"

Regarded as one of the greatest philosophers, Nietzsche believes that a person should develop a horizon which separates the observable brightness from the unilluminated darkness where we know how to forget at the right time just as well as we know how to remember at the right time. A masterpiece!

http://la.utexas.edu/users/hcleaver/330T/350kPEENietzscheAbuseTableAll.pdf

How to Develop Ethical Leaders - John knights

Ethical Leadership is a fundamental concept of Transpersonal Leadership, a trait in which one operates beyond ego while not compromising on personal development and learning. The need for ethical leadership and how one can attain the qualities are highlighted in this article.

 $\label{lem:https://drive.google.com/file/d/1kfqme2l1SxqbtP8MT6U0e7EowH3Im953/view? fbclid=lwAr2AZFbKbArJXCGX6edWACrlzQ5gb9JPhPnN0gSllZL6Gxu9iakezVZlvJA} \\$

A letter from Abraham Lincoln to his son's teacher

"Teach him that for every enemy, there is a friend...teach him also that for every scoundrel there is a hero, that for every crooked politician, there is a dedicated leader."

One of the greatest presidents of U.S.A has written a didactory letter to his son's teacher.

http://englishbookgeorgia.com/blogebg/a-letter-from-abraham-lincoln-to-his-sons-teacher/

Postmodernism

That postmodernism cannot be defined is a truism. This article traces the history of this idea and the implications of such an ideology on a world beyond structures and patterns.

https://plato.stanford.edu/entries/postmodernism/

Wind the clock, for tomorrow is another day - E.B White

Writing a reply to his friend who foresaw a bleak future, E. B White writes a reply to him. He says he starts off his day winding the clock for hope in the only thing left in bad times. He says that the same traits that leads man in trouble also present hope for his redemption

 $\frac{http://www.lettersofnote.com/2012/01/wind-clock-for-tomorrow-is-another-day.html?}{fbclid=lwAR2f9FBA2ctzEO9gCyKz7dzJlz_WTYrYUwJg1xZ6q3WQtUC6oO3Pgvjrlgl}$

The map is not a territory

"A model might show you some risks, but not the risks of using it. Moreover, models are built on a finite set of parameters, while reality affords us infinite sources of risks." Yesterday's answers or models cannot be used to answer/solve tomorrow's problems. It is based on the premise that models are at best an abstraction of reality and there is a need to respect it's limitations.

https://fs.blog/2015/11/map-and-territory/

Five Common Communication Mistakes (And How to Fix them)

One of the 8 most read stories, this article gives practical advice on how to improve communication during presentations. It states that the starting and ending of a presentation is crucial, and the speaker should avoid hedging and memorising. Read up!

https://www.gsb.stanford.edu/insights/five-common-communication-mistakes-how-fix-them

Letter to Ludovico Sforza by Leonardo Da Vinci

"In short, as the variety of circumstances dictate, I will make an infinite number of items for attack and defence."

Leonardo Da Vinci writes the equivalent of a cover letter to the Emperor Ludovico Sforza elaborating on his ingenuity in military technology and strategy.

https://genius.com/Leonardo-da-vinci-letter-to-ludovico-sforza-annotated?fbclid=lwAR3eFPCrhcDM6pwqAib3JVbkvv76PRpFgJWGKkhlkREySZfJZloYC9JTVMI

The Energies of Man - William James

"It is notorious that a single successful effort of moral volition, such as saying 'no' to some habitual temptation, or performing some courageous act, will launch a man on a higher level of energy for days and weeks, will give him a new range of power."

James says we have reserves of energy, which when pushed past the initial 'fatigue' stage, leads us to 'efficiency equilibrium', where we neither lose nor gain energy.

http://psychclassics.yorku.ca/James/energies.htm

Letter to Menoeceus by Epicurus

This letter addressed to a student summarizes the ethical teachings from his widely known 'Epicurean' philosophy. The ethical take of Epicurus on theology, the levels of desires, prudence, friendship, security are all covered in this account that engages one to ponder upon its relevance in society today.

http://classics.mit.edu/Epicurus/menoec.html

Immanuel Kant's Moral Philosophy

Kant's theory highlights that the ultimate principle of morality is a standard of rationality which means that anything immoral is deemed irrational. The equivalent term designated is 'Categorical Imperative' (CI). Kant recommends that one must abide by the CI despite natural desires or inclinations for it is identified as an unconditional principle that needs to be rationally practiced by all. A must-read

https://plato.stanford.edu/entries/kant-moral/

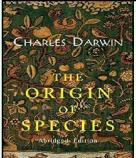
The Gray Zone by Primo Levi

"One entered hoping at least for the solidarity of one's companions in misfortune, but the hoped for allies, except in special cases, were not there; there were instead a thousand sealed off monads, and between them a desperate covert and continuous struggle."

Levi pens down his experience in a concentration camp under Nazi rule wherein the desire for power and protection against danger no longer separated the persecutors from the victims-everyone around you was a potential threat.

https://faculty.umb.edu/lawrence_blum/courses/290h_09/ readings/levi_gray_zone.pdf

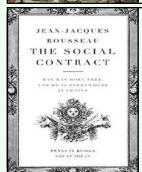
Books of the Month



Classic Book: The Goal - The Origin of Species - Charles Darwin

The Origin of Species", presents one of the most important theory shifts in the history of modern science, written by one of the greatest thinkers of the past few centuries – Charles Darwin. This book produced 150 years ago as 'The Origin Species'. Neither has anyone heard of genes, though he published The Origin, and his Idea wasn't really acknowledged until the early 20th century. In the book, in conclusion, he calls his theory of descent with modification through variation and natural selection and later he comes about as far possible to heresy at the time by starting.

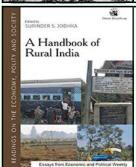
http://www.vliz.be/docs/Zeecijfers/Origin of Species.pdf



Classic Book: The Social Contract or Principles of Political Rights - Jean Jacques Rousseau

Jean Jacques Rousseau was a Genevan philosopher, writer, and composer. His political philosophy influenced the progress of the Enlightenment throughout Europe, as well as aspects of the French Revolution and the development of modern political, economic and educational thought. His Discourse on Inequality and The Social Contract are cornerstones in modern political and social thought. He puts forward a premise wherein human beings will benefit greater if they were to come together and establish certain rules than when they are living in a state of nature, where freedom is absolute and consequently interferes with the right to safety.

http://www.earlymoderntexts.com/assets/pdfs/rousseau1762.pdf



Classic Book: Handbook of Rural India (Readings on the Economy, Culture and Polity)- Surinder Jodhka

This book is a compilation of 36 articles on rural India from the early 1950s to the present. The introduction by Surinder Jodhka gives a comprehensive account of how rural India has undergone major transitions, such as the decline of agriculture, the rise of non-farm employment and migration. It provides a historical perspective on how the village was conceptualised, how the various changes brought about by independence and the 'development' process affected the rural life and an account of how the current processes of globalization and capitalism shape the rural economy.

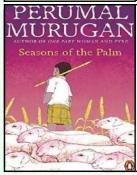
https://www.amazon.in/Handbook-Readings-Economy-Polity-Society/dp/9352871987



Classic Book: The Drowned and the Saved - Primo Levi

Primo Levi was an Italian Jewish chemist, partisan, Holocaust survivor and writer. He was the author of several books, novels, collections of short stories, essays, and poems. His best-known works include If This Is a Man and The Drowned and The Saved which is his account of the year he spent as a prisoner in the Auschwitz concentration camp in Nazi-occupied Poland. In this book, he states that it was the selfish, violent and scrupulous prisoners who survived, often collaborating with the Nazis at the expense of other prisoners (the saved). and it was the honest, principled survivors who were put to death (the drowned).

https://www.amazon.in/Drowned-Saved-Primo-Levi/dp/1501167634

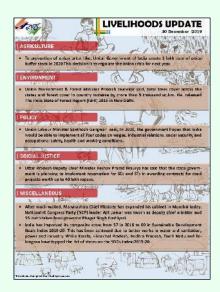


Classic Book: Season of the Palm - Perumal Murugan

Perumal Murugan is an Indian author, scholar and literary chronicler who writes novels in Tamil. Known for his bucolic descriptions and brutal straightforwardness, he is one of the most controversial authors in India. He takes on a variety of themes relating to oppression, humiliation, and discrimination, often referring to cultural rituals and religious practices. Seasons of the palms is about a young boy from an 'untouchable' community who works as a bonded laborer for the landlord to fulfill his caste obligations. With each passing day, he is growing painfully aware of the unfairness of life and loses his innocence.

https://www.amazon.in/Seasons-Palm-Perumal-Murugan/dp/0143428365/ref=sr_1_1?keywords=season+of+the+palms&qid=1577787275&sr=8-1_1

Livelihoods Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) news every day and put a form and upload in Social Media.

L&W Updates

Weekly Livelihoods Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) articles every week and put a form and upload in Social Media

[Monthly Livelihoods Update - https://drive.google.com/file/d/1q6wJL6rSAulmuaKSKkXvB1x1xsVPOkVe/view?usp=sharing]

'Yoga'kshemam

Happy New Year!

Guru Gobind!

Vaikunta Ekadasi!

Dhanurmaasam! Bhogi, Sankranti, Kanuma, Pongal!

Vasanta Panchami!

Family! Infants! Youth!

Peace! Laughter!

Tourism!

Leprosy!

Martyrs!

Army! Customs!

Data!

Voters! Republic!

Wetlands | Guru Ravidas | Valentines | Dayanand Saraswati | Shivaji | Sivaratri | Science

Annular Solar Eclipse.

India is now 28 States, and 8 UTs.

India gets its first CDS – Bipin Rawat

Jharkhand slips from BJP. Hemant Soren becomes CM second time.

Maharashtra – a father and a son in the Cabinet.

At Hyderabad, RSS articulates that all 137 Crore living in India are Hindu and they hail and work for Bharatmaata.

Logistics demand that legislature, ministers and secretariat are at a place. Development needs decentralization, thematic distribution and focus.

We need education in native tongues initially. Slowly we can graduate to the tongues we want. May be from Class 6 or 8. Let us be thankful our native world: mother, family, place, language et al.

Reflection on India:

- Technology is driving us: Smart phones, every family has at least two, 4G/5G (50 Cr access internet), e-commerce (Rs.3L Cr).
 Amazon Prime and Netflix. KBC and its look alikes; TED Talks; Satyameva Jayate; Rs.1+ L Cr
- Books. Still are written. Reading is less. Kindle has come. Books are heard; Videos are seen. More Videos. Media → Social Media takes charge. Facebook. LinkedIn. Twitter. Instagram. Tiktok. YouTube. Siri and Google take charge. Learning on social media. Classrooms are yielding. Quicker to become and fade away

celebrities. Viral. Web works. Web Series. Smaller Videos. 180 $\min \rightarrow$ 40-50 $\min \rightarrow$ 10-20 $\min \rightarrow$ 5-10 $\min \rightarrow$ 3-4 $\min \rightarrow$ 1 $\min \rightarrow$

- Left has given way to choosing between Centre and Right
- Surely, women are moving up and are on top in significant numbers
- 137 Crore Indians. Still Poverty Persists, 20%-80% varying calculations. Hunger Persists.
- Negative Climate Change. Food-Nutrition-Health Insecurity.
 Inequity. Extinction is looming large.
- Owning is yielding to renting. Living on minimal. Aarjava in a way comes in.
- Co-existence of Big bang and low budget.
- On the rise: Spirituality. Mediation. Yoga.
- Rising Nationalism. Yielding Consensus Mechanisms.

CAA-NRC-NPR:

G Muralidhar

CAA. Citizenship (Amendment) Act seeks to amend the definition of illegal immigrants for Hindu, Sikh, Parsi, Buddhist and Christian immigrants from

Pakistan, Afghanistan and Bangladesh, who have lived in India without documentation (left their country due to persecution on the ground of religion in their country). They will be granted fast track Indian citizenship in six years. So far 12 years of residence has been the standard eligibility requirement for naturalisation. However, the matter is in Supreme Court to examine whether it discriminates against Muslims and violates the right to equality enshrined in the Constitution. The questions are around why not all religious minorities, why not from all neighbouring countries. This is not applicable to NE areas under the sixth schedule of the Constitution -autonomous tribal-dominated regions in Assam, Meghalaya, Tripura and Mizoram and inner-line permit regime states (Arunachal Pradesh, Nagaland and Mizoram). Assam is concerned about Bengali migrants from Bangladesh. Government maintains that it does not violate the right to equality (Article 14) while others feel otherwise. We have to wait till 22 January for any observations from Supreme Court. One wonders why Government has not just asked for granting citizenship to a lakh or two of them without going for this amendment?

At its core, NRC – National Register of Citizens - is an official record of those who are legal Indian citizens. It includes demographic information about all those individuals who qualify as citizens of India as per the Citizenship Act, 1955. The register was first

prepared after the 1951 Census of India and since then it has not been updated until recently. At the instance of Supreme Court In 2014, updating NRC in Assam was taken up the final NRC was with over 19 lakh applicants failing to make to the list. After protests, it has been decided that NRC will be carried out again in Assam. There are demands for doing it across the country. Pending these, the processes similar to the NRC have begun in many states such as the Register of Indigenous Inhabitants in Nagaland as well as the Centre announced National Population Register (NPR) which will contain demographic as well biometric information of citizens.

With CAA in place, non-muslims coming from Afghanistan, Pakistan and Bangladesh won't be affected, if a nationwide NRC comes in. Any other illegal immigrant from nations other than Pakistan, Afghanistan and Bangladesh, will be affected. Many also fear that Indian Muslims may be deemed illegal immigrants if they are unable to furnish adequate proof of citizenship.

The NPR - National Population Register (can be accessed at NPR Portal) - seeks to document the "usual residents" of the country. To be updated along Census 2021 from April to September 2020 with biometric and other demographic details - name, relationship to head of household, father's name, mother's name, spouse's name (if married), sex, date of birth, marital status, place of birth, nationality (as declared), present address of usual residence, duration of stay at present address, permanent residential address, occupation, and educational qualification. People with Aadhaar may not be required to give biometrics for NPR.

It is important that one finds a spouse who supports one's career. Otherwise, you may be better off otherwise. A super-supportive partner or no partner at all. It takes two exceptional people to stick together. It takes mutual support and balance across the decades. We need to master the triad for teamwork at home or at work – vision; active listening; and appreciation and feedback. We need to love, recognize and support. We need to love and show love. By giving - Give, Give in, Sacrifice, Listen, Be guard down, Accept, Be proud (of the loved ones), Stick up, and Respect. We need to readjust yesterday's rules to today's realities. We need to adapt cultures and systems. We need to focus on enhancing partners' potential for the journey. For the flow. Anything less is so yesterday.

Randy Pausch's Last Lecture articulates how we need to live and work: We need to know that most of the things in the Universe are in order and only a few things need to be worked on. What we have with us is time to work with. We need to keep reflecting and prepare ourselves for our key calling. Legacy calling. We need to be grateful. For we exist. For we co-exist.

Kovel Foundation, KF, is going through Visioning. To improve the wellbeing – livelihoods and lives – of tribal families in tribal areas; with Values – Faith (and Respect), Integrity (Human, Social and Ecological), Transparency (and Accountability); with Key Approaches

 Communitization (Participation, Inclusion, Saturation, Collectivization, Community Animation, Accountability), Portfolio of Livelihoods (and beyond including Education, Health) and Valuechains, Hybrid, Mission-mode.

KF@50-2044 (2025): Rs.5000 (100) Crore/year additional income to 1.5 (1.2) lakh tribal families in tribal areas in Telugu States; Outreach of influence: 15 (5) Lakh families; 100% (50% Forests-Natural Farms; 10% Hill-slope-fringe models; 5000+ (1000+) Team; Rs.150 (1) Crore Corpus; and KFà Kovel Group occupying premier national space – tribal development; natural farming in tribal areas; leading national network; and producing tribal development management professionals. Kovel nurtures federation(s) of FPO-CBOs for business; knowledge-training resource centre(s) including Channel, Portal, TDM School(s); Pool of Volunteers, Entrepreneurs, Resource Persons and Professionals; and Development Support Centre/Foundation.

We remain committed to helping this agenda in our own way.

As we are entering 2020, it is also time to capture the vision I am pursuing:

Portfolio - 'livelihoods'; ALPL; 7LCx; Aarjava et al; LMMETP4D -NIRD, IRMA et al; ZBNF-BPKP; KF, HI et al; Commons; Enterprises; Education; Consulting; India/Bharat Universe

Yatra-Direct Outreach, 10 years — 0.1-0.2% GPs; 2-3% Blocks; 10% Districts; All States-UTs

HR Direct Outreach, 10 years – 5K (1Y+), 10K (3M+), 25K (1M+), 25K (1W+), 1L (1D+)

HR Indirect Outreach - 10L+

Organizations (Collectives, Enterprises, Support Organizations) – LT - 100+; ST – 1000+

Work with Alma Maters - Gundrampally; Sarvail; Sagar; Warangal; Anand.

Columns-Books-Notes-Videos – 'livelihoods' (7); Notes (15); Reflections (3); 10000+ videos

I am sure Universe will join me in this. In harmony with nature. Will of the Universe. Genius of the Universe.

Let us Live. Lead Life. Lead. Learn. Love. Let us 7L. Let us flow. Let us be in N.

This is being useful co-existence. This is flowing together. This is pravaahayogam.

Can we be there? **Yes, if we pursue Atma Yoga.** If we are in N! In the charge of the innermost! If we practice! Krsna confirms innermost and universe are in sync. One with innermost becomes 'him'.

Join us in the world of yoga – for life – towards viswayogasiddhi. You will not regret it. ❖







ADDRESS BY

SHRI G MURALIDHAR

CHIEF MENTOR, AKSHARA LIVELIHOODS AND CO-LEAD AND MENTOR, AP ZERO BUDGET NATURAL FARMING

How can institutes like IRMA contribute to nation-building?

14th December 2019
Participation by
INVITATION ONLY

YouTube link: https://www.youtube.com/watch?v=R7m513TXyFw&feature=youtu.be

Human Development Report 2019

Theme - Beyond income, beyond averages, beyond today: Inequalities in human development in the 21st century

With waves of demonstrations widely heard from many corners of the world, depicting a clear sign of stressfulness in populations, where the power equations transient to the powerful few leaving many in systematic powerlessness. While a common and collective power to demand change stands evident, the orientation to attain equality and sustainability still lasts

many miles away.

In this regard, a new framework of analysis towards inequalities is identified in this report of 2019. As the emphasis is laid on working on reformations that look beyond economic development, moving towards a more holistic aspect of human development wherein, health, education, dignity and respect for human rights is catered across populations. The cycle of 'Birth Lottery' in which the inequality gaps are transferred to the children even before birth is identifiably said to be broken by enhancing the people's capabilities to exercise the freedom

Human Development
Report 2019
Beyond income,
beyond averages,
beyond today.

to be and aspire in life. The loopholes in boiling down the sorts of inequalities and numbers affected to mere digits, in poor consideration of entire populations, diversity in place and the time period are identified. Essentials for every aspect of human development to calibrate the entire inequality gradient which accounts for the differences in achievements across the population in accordance with socioeconomic characteristics is appraised in this report.

Preparation for the future and enhancing the coping capacities to stand climate crisis and technological transformations is identified as the need of the hour, as the former is already affecting the poor the hardest and later could not only leave communities but also nations in hopeless vulnerability, as highlighted.

As the contexts and the needful shifts stand highlighted beyond arguments, the immediate need to enable a policy environment which dives beyond superficiality of inequality to a rather addressing of the drivers/causes that are even deep-rooted; addressing the power imbalance issues taking into account the historical and cultural grounds of such being, and promoting people-centered decision making across all spheres is the insights for progress. Not side-lining the importance of consistent & constructive debate and dialog to drive all power to those powerless, to only re-write the story of this 21st Century, for this is the foundation of many generations ahead.

For Full Report - http://hdr.undp.org/sites/default/files/hdr2019.pdf

