



# livelihoods

today and tomorrow

March 2020



- Videos (External) ..... 7
- Images ..... 8
- Articles ..... 10
- Books ..... 12

- Yogakshemam - I ..... 4
- Yogakshemam - II ..... 9
- Yogakshemam - III ..... 14

*Budgets in States! Holipoli! Ugadi! Women's Day!*

*29022020!*

*Let there be no discrimination. Only positive incentivization.*

*Let us be number-friendly.*

*Let us care our sparrows, wildlife forests, rivers and water. Let us nurture them.*

*Let us be conscious consumers.*

*Let the empowered women take charge of us.*

*Let there be security and social security. For all. Everywhere.*

*Let there be happiness.*

*Let us be sensitive and caring. The TB. Let us care for our organs. Kidneys. Ears. Lungs.*

*No smoking, please!*

*Let us hope improvements in Meteorology help us.*

*Let us have poetry, theatre and arts thriving.*

*Autism | Blindness | Mines | Health | Homeo | Motherhood | Hemophilia | Heritage | Civil Services | Earth | Books | Copyright | IPR | Panchayats | Malaria | Safety and Health | Ayushman Bharat | Ambedkar*

*Corona Virus is cancelling international events.*

*AAP sweeps Delhi. TRS Sweeps Cooperative Elections.*

*Namaste Trump, in India. Walls in Ahmedabad.*

*Riots in Delhi. 40 die.*

*Let us be fit. Let us commit to 6-7 minutes workout every day.*

*We reiterate our request to our co-travellers to give more - notes, blogs, videos and pictures.*

149<sup>th</sup> 'livelihoods' is presented herewith. Our picks of the month include:

How to do Financials in FPOs?

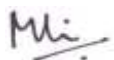
Videos - Pharmacist in Mobile Healthcare Unit Interview; Community Leader - Mate in MGNREGS interview; Common Person Interview –Anjaneyulu

Fieldworker Dairy (Bharathi)

Classic Books - The Servant ; Ancient Society

Classic Articles - Great Learning- Confucius; World Scientist Warning of a Climate Emergency

With the faith and hope that you find this and evolving 'livelihoods' useful, we remain.



the 'livelihoods' team

### 'livelihoods' team

Editor-in-Chief	G Muralidhar
Working Editor	T Venkateshwarlu
Edit Associates	R Anvitha
	V Aravind Kumar
	K Chayadevi
	P Gaargi
	S Himabindu
	S Laxman
	Mahesh Patil
	S Mahidhar Reddy
	K Ramesh
	N Shruthi
	G Swathi

### Walked/walking with us

V Ankith	Naval Shaini
T Aparna Gayathri	M Nilendu
K Bharathi	G Pulakeshi
G Bhargava	T Nirmala
Bhavya M	LB Prakash
Bhima Shankar	M Raja Srinivas
Chandranshu Gupta	S Rekha
Dharmendhar	Ch Ramesh
Glen Shewcheck	B Ramya
S Janaki	G Ravindra
K Krishna Chaithanya	B Sai Srinivas
P Kishore	M Siddhardha
Krishna Murari	K Sridevi
M Lavanya	Soumya
B Madhusudhan	R Swati
P Madhusudhan	A Venkata Ramana
G Madhu Vamsi	M Vijaybhasker
Mansi Koushik	K Visweswar Rao
P Mahesh	A Uma
V Murali	T Vina
D Narasimha Reddy	

### Private Circulation

Contact:

**Akshara Livelihoods Pvt Ltd (ALPL)**

HIG-II B12/F1 APHB Colony  
Baghlingampally

Hyderabad - 500044

09951819345/ 9848930034

aksharakriti@gmail.com

www.aksharakriti.org  
www.livelihoods.net.in

<https://www.facebook.com/livelihoods.portal.75>

<https://www.facebook.com/groups/355847681149768/>

<https://www.facebook.com/Livelihoods-People-168949873148505/?surface=rese>

## Inside

Yogakshemam & Field Worker's Diaries		4
	How to do	
Internal Vides (How To, livelihoods video, 7L 1& 2)	Community Leader Interview	6
	Community Worker Interview	
	Common Person Interview	
External Videos	Videos of the Month	7
Images	Images of the Month	8
Yogakshemam		9
Articles	Articles of the Month	10
Classic Books	Books of the Month	12
Livelihoods & Weekly livelihoods update	Livelihoods Update Weekly Livelihoods Update	13
'Yoga'kshemam		14
<b>Supplements / Videos</b>		
How to (?)	How to do Financing of FPOs? <a href="https://www.youtube.com/watch?v=mfi8LNeHW_A">https://www.youtube.com/watch?v=mfi8LNeHW_A</a>	
7L - Videos 1.	Community Leader Interview <a href="https://www.youtube.com/watch?v=6sr0ESddK50">https://www.youtube.com/watch?v=6sr0ESddK50</a>	
2.	Community Worker Interview <a href="https://www.youtube.com/watch?v=WZpD7vpLSO8">https://www.youtube.com/watch?v=WZpD7vpLSO8</a>	
3.	Common Person Interview <a href="https://www.youtube.com/watch?v=LyxRXwCXJDI">https://www.youtube.com/watch?v=LyxRXwCXJDI</a>	
Supplement (News)	Monthly Livelihoods Update (February 2020) <a href="https://drive.google.com/file/d/1nzlicXm82a1rNHBI-d6Gr1Xfvo5dKeWh/view?usp=sharing">https://drive.google.com/file/d/1nzlicXm82a1rNHBI-d6Gr1Xfvo5dKeWh/view?usp=sharing</a>	
Supplement (Images)	Monthly Images Compiled (February 2020) <a href="https://drive.google.com/file/d/10H6dJICRLmrrmgI-U83I-341F_JodLV-/view?usp=sharing">https://drive.google.com/file/d/10H6dJICRLmrrmgI-U83I-341F_JodLV-/view?usp=sharing</a>	

## ‘Yoga’kshemam

Love is in the air. Krsna is caressing N in U, touching with the notes of the flute, rhythms of raas. U rejoices. N rejoices. Aananda is all round. Ineffable. Is it transient? Is it for the time-being? Is it maayaa?

Is change constant? Do we only need to embrace the change? Can we resist? Can we alter it? Can we change its course? Can we delay it? Can we hasten it?

Let us lead and let us be led.

Can we bring it into our agenda? Can we missionize it? Can we plan for it? Can we strategize for it? Do we have hope? Can we get capacity – people, teams, resources for it? Can we design the roads and vehicles for it? Structures, Systems, Teams? Do we know which kind of a road works? Do we know which kind of vehicles work? A non-profit? Not-for-profit? Collective? Company? Partnership? Society? Trust? Formal? Informal? Mission? Movement? Social, Business, or Hybrid? Entrepreneur or Collective Enterprise? Or we need multiple, portfolio? Architecture? Do we need to innovate or discover a new one?

Should we do? Should we let community do? Should we do and transfer it to community? Can we do alone? Can we enlist friends? Can we choose the communities? Can we mobilize them?

Should we mobilize? Inspire? Charm? Incentivize? Penalize? How do we get participation? For action. For Ownership. For Commitment. For Time-energy-resource contributions. For taking charge. For sustainability. For helping others. For scaling -up. For universalization. For legacy. How do we include all? How do we include the likely left-outs? The poorest. The vulnerable. The marginalized. For their rights. For their entitlements. With dignity. With respect. How do we make inclusion a norm?

Can we communitize? Can we handover to the community, what we do today? Can we learn new things so that we will not be a bottleneck? Can we handover to community institutions? Can we become accountable to communities? To the leaders built by us. Trained by us. Can we take community professionals in place of professionals? Can we empower locals? Can we make them better than professionals? Can we become cost-effective? Can we do more with less?

How do we get people, paid-unpaid? Professionals, community professionals, volunteers? How do we deploy? How do we get performance? How do we orchestrate? How do we select? Immersions. Inductions. Behavioural Competencies. Internships. Fellowships. Apprenticeships. Intelligence versus loyalty. How do we test? IQ, EQ, SQ? Self-aware? Socially

aware? Eco-aware? Self-manage? Team Play? Play in VUCA universe? How do we build their capacity? Can we invest in people? Do we have faith? How do we build teams? Affinity? Function? Location? Hybrid? Team size? Sub teams? How do we achieve synergy? Teams vs. Durbars? How do we build team capacity, effectiveness, efficiency? Should we keep changing teams? Circles? How do designate team leadership? Can we build our capacities, abilities, knowledge, skills, tools and resources? Can we work on the culture? To embrace the change. Can we build new culture(s)? Can we work with technologies appropriate to us? Can we know what is appropriate to us? Can we appreciate technological advancements? Can we use technology to seek alignment? Mission alignment. Values alignment. Plan versus progress. Budget versus expenditures. Tracking. Tagging. Fencing. Timelines. Bottom lines. Top lines. Margins. Do we promise? Do we deliver the promise, more than the promise? Do we know to integrate everything against the ‘end’ we are seeking? Do we have integration ability? Do we communicate integration? Are we happy with a protocol? Or a small pilot? Don’t we like to scale-up, deep-diverse-layers. Out-impact.

Ekalavya. Do we build large machines? Do we have more small machines? Do we have

more drivers so that they go out and buy more vehicles? Do we increase the size of the machine? Do we go for volunteers to take charge? Do we go the movements way? Do we hybridize and go in the way of missions? Do we have mission-movements, or movement-missions? Transcending

3.5% people being with us? Or is it 7-8% Do we build animators who pour life from within? Do we build support facilitators? Do we know how we make them work together? Along with their institutions?

Can we use Information Technology? Can we use ICT? Can we use Social Media. For being open. For being transparent. For accountability. At large. For Communication. For Influence. For Advocacy. For solidarity. For access. Can we have portal of performance? Portal of Data, Information and Knowledge? Portal of Learning? RTI-compliance? Audit friendly? Governance compliance? Platforms? Value-chains?

Can we work with full life? Jaanlagaake. Jorlagaake. With Soul, Heart, Mind and Body. With all its Indriyaas. Can we be at it? Can we persist? Do we know ourselves? Do you reveal enough of ourselves? Are we aware of our world? Of our neighbourhood? Our influence zone? Did we strip ourselves to our world? Do we manage ourselves well? Do we have ‘balance’? Do we have the competencies that matter?

**G Muralidhar**

Tenacity, Self-control, Strategic influencing, Concern with impact, Development Orientation and Result Orientation? Do we have 7R ability – 3R, Reflect, unleaRn, pRactice, puRsue, even if we do not have adequate resources? Are we building them up? Are you naked to our teams? Are we vulnerable enough for them to fully trust us? Are we aware that we are leaders already? Good or Bad. Effective or ineffective. Efficient or inefficient. We are leading our lives. We are leading our families. We are leading our friends. Our teams. Our partners. Changes in us. We are leading to our legacy beyond us. We are leading change. We are leading leaders for this change. We are leading by serving. We are leading by being available. We are leading by giving choices. We are leading by being up-to-date. We are leading by unlearning and learning. We are leading by being accountable. We are leading inside deep, outside. Sideways. 3-dimensions. 360 degrees. Bird's view. Worm's view.  
How do we demonstrate our leadership? Do we communicate?

Articulate? Are we accountable? Open? Transparent? Do we love? Give? Learn, earn and give? Do we know working in a VUCA world? Do we know how to change L-style? Do we build and retain critical thinking faculty required for a leader? Do we plan for our leadership development? Are we using checklists, are we planning and organizing? Are we writing diaries? Are we having systems of reminders? Are we aware of the stage in our life cycle? Are we investing our 10,000 hours? Let us build our L-stamina – silence, stillness, reflection, meditation. Unedited thoughts, being with nature, watching life, unlearning, reading (writing, arithmetic...), music (dance...), yoga et al. Let us celebrate. Let us be in joy for we lead N, and we let N in U lead us. We must be at it. Nurturing Servant Leaders - Spiritual. Political. Business. Academic. Knowledge. Social. Community .....

Join us in the world of yoga –jayayoga for 7L. Universe conspires to grant mala of celebrations to each one of us for N in U. ❖

### Field Diaries / Story

## Field Worker's Diary

### A Field Worker's Diary - Part 4

A few years ago, the organization that I am working with had provided monetary support to some families in and around Kadiyam, East Godavari district, for building toilets. As a part of the team sent to evaluate the program and what benefits it reaped, I went and spoke to many women and elderly people.

[https://drive.google.com/open?id=1i0x2yWYD0-kZl43\\_Sb\\_jkweFjHfI2rxv](https://drive.google.com/open?id=1i0x2yWYD0-kZl43_Sb_jkweFjHfI2rxv)

### A Field worker's Diary - Part 5

In a short span of time after joining the Andhra Pradesh Rural Poverty Reduction Project, I was made the in-charge of some Mandals near Sattenapalli in Guntur District - Bellamkonda, Rajuplam, Krosuru and Achampeta (There is one Achampeta in Guntur as well).

<https://drive.google.com/open?id=1wtONQhGPHnshpiYA0wL6f0dOuiN-Glrb>

### A Field worker's Diary - Part 6

I guess it has been more than 10 years since I met the person in the photo. His name is Rambabu and he is from a small village in East Godavari District, Rampachodavaram agency area. He is an expert at collecting honey from the hills.

[https://drive.google.com/open?id=1w404Z2w-cT\\_w458S8YcGCPZAKgOx7r4y](https://drive.google.com/open?id=1w404Z2w-cT_w458S8YcGCPZAKgOx7r4y)

### A Field worker's Diary - Part 7

A few years back, I was travelling from Hazaribagh to Ranchi, Jharkhand, en route to Hyderabad, when I spotted some youngsters on cycles with huge sacks behind them. As they were cycling uphill on a rather steep road with the added weight of their sacks, they seemed to have been putting in a lot of effort and strain on this journey. Not being able to contain my curiosity, I questioned them about what was in the sacks, where were they bringing them from and why were undertaking such a strenuous journey. What they told was a sordid tale born out of poverty

<https://drive.google.com/open?id=1hU7D0VpkwEJdR2ue4loyNbnUcDjp431N>

## Videos Supplements of the Month

### How To

### Common Person Interview

#### Financing of FPOs

Akshara Livelihoods



How to Financing of FPOs?

[https://www.youtube.com/watch?v=mfi8LNeHW\\_A](https://www.youtube.com/watch?v=mfi8LNeHW_A)

Common Person Interview—P Anjaneyulu

<https://www.youtube.com/watch?v=LyxRXwCXJDI>

### Community Leader Interview

### Community Worker Interview



Community Leader Interview - Mogilipaka Yellaiah, who is leader of SSS in MGNREGS

<https://www.youtube.com/watch?v=6sr0ESddK50>

Community Worker Interview - Ramesh goud, who is a pharmacist.

<https://www.youtube.com/watch?v=WZpD7vpLSO8>

## Videos of the Month

India's unemployment rate highest since 2016: Report	<a href="https://www.youtube.com/watch?v=oLY0kICNz-Y">s://www.youtube.com/watch?v=oLY0kICNz-Y</a>
Gender Equality and Empower Women and Girls - UN SDG 5   Dr. Shalini Rajneesh, IAS   TEDxABBSWomen	<a href="http://youtube.com/watch?v=AE59gNVYb1k">http://youtube.com/watch?v=AE59gNVYb1k</a>
Highlights of Union Budget2020	<a href="http://youtube.com/watch?v=0IRinhlpzM">http://youtube.com/watch?v=0IRinhlpzM</a>
Conserving hilsa and building livelihoods in Bangladesh	<a href="https://www.youtube.com/watch?v=Qp9DCoQS190">https://www.youtube.com/watch?v=Qp9DCoQS190</a>
1640: A low cost cold storage facility that could help marginal farmers make big profits	<a href="http://youtube.com/watch?v=UoAqfbhN-2Q">http://youtube.com/watch?v=UoAqfbhN-2Q</a>
India : A Collision of Wealth & Poverty	<a href="http://youtube.com/watch?v=hBquUuEteis">http://youtube.com/watch?v=hBquUuEteis</a>
Nobel Lecture: Abiy Ahmed Ali, Noble Prize 2019	<a href="http://youtube.com/watch?v=jESA8MLAuCw">http://youtube.com/watch?v=jESA8MLAuCw</a>
Driving women's economic empowerment and rural value chain efficiency in india	<a href="http://youtube.com/watch?v=3VUGu9KHemY&amp;t=19s">http://youtube.com/watch?v=3VUGu9KHemY&amp;t=19s</a>
The Kachchhi potters of Kumbharwada, Dharavi   Mumbai- PARI	<a href="https://www.youtube.com/watch?v=PvkiFXSioFE">https://www.youtube.com/watch?v=PvkiFXSioFE</a>
Farming in Sikkim- Sikkim, a 100% organic state	<a href="http://youtube.com/watch?v=ailmtyStgJc">http://youtube.com/watch?v=ailmtyStgJc</a>
Social Audit under MGNREGS	<a href="http://youtube.com/watch?v=1gbztSSXudQ">http://youtube.com/watch?v=1gbztSSXudQ</a>
Arctic Awakening - The Official Documentary of Changing Course 2019	<a href="http://youtube.com/watch?v=4RnHbKC9VaQ">http://youtube.com/watch?v=4RnHbKC9VaQ</a>
Vergheese Kurien on success of Amul: Nobody becomes strong unless he battles	<a href="http://youtube.com/watch?v=X0PGkL0T1-c">http://youtube.com/watch?v=X0PGkL0T1-c</a>
SEWA - Interplay of Women, Work, and Peace   Reema-ben Nanavaty   TEDxGatewayWomen	<a href="https://www.youtube.com/watch?v=nRom5d9p5S4">https://www.youtube.com/watch?v=nRom5d9p5S4</a>
Ela Bhatt   Motivational	<a href="https://www.youtube.com/watch?v=nr5aUoHWZZw">https://www.youtube.com/watch?v=nr5aUoHWZZw</a>
When patients are ignorant and have no faith   Dr. Prakash Amte   TEDxNMIMSBangalore	<a href="https://www.youtube.com/watch?v=0mNFTHpQXYM">https://www.youtube.com/watch?v=0mNFTHpQXYM</a>
Chipko Movement: An excerpt from the film "Reviving Faith"	<a href="https://www.youtube.com/watch?v=AOoRT-0EXwE">https://www.youtube.com/watch?v=AOoRT-0EXwE</a>
Better Health for the Urban Poor"	<a href="https://www.youtube.com/watch?v=D5epEPTydx8">https://www.youtube.com/watch?v=D5epEPTydx8</a>

## Images of the Month



**Labour work**



**Street tightrope play game**



**Feeder canal works**



**Basket weaving**

[Link: Monthly Compiled Images - [https://drive.google.com/file/d/10H6dJICRLmrrmgI-U83I-341F\\_JodLV-/view?usp=sharing](https://drive.google.com/file/d/10H6dJICRLmrrmgI-U83I-341F_JodLV-/view?usp=sharing)]



## ‘Yoga’kshemam

Krsna is facilitating learning. Unlearning, learning and re-learning on our own. Krsna is challenging us to learn on our own. Krsna is helping us to build our own unlearning-learning ecosystem. Krsna’s flute is playing the notes on its own. Krsna’s universe rejoices. With joy from deep within. Discussions during the last two weeks forced me to reflect on Mathematics-logical reasoning; and Reading-Writing-Numbers. We need to have students’ clubs for the same. We need tests. We need competitions. We need ecosystems. We will begin with 1-2 gurukulams and see how we take this forward on scale. Other insight from Scandinavian countries, can we truly treat our people as our assets. We need to invest in them. We need to catch them young. Catch them in the womb. We need to offer nutrition to the mothers. We need to care the adolescent girls. We need to care 1000 days of the child. Then, we need to ensure free and quality education till they peak to realize their potential. We need ensure their good health, including free medicare. Offer stipends. Incentivize, and offer highest pedestal to the people who actualize our investment in people – carers, teachers, doctors ....

LPRD-PVM Professionals: It is about a pushkarakaalam, 12 years, since my association with NIRD’s unique one-year Post-graduate Programme in Rural Development Management. 17 Batches and some 800 participants are in the LPRD-PVM (Tribal-Rural-Urban-Emerging TRUE Livelihoods – Poverty Reduction – Development of Poor-Vulnerable-Marginalized) market. 2 batches of two-year programme have also come in. First Alumni Meet was during 22-23 February 2020. This has helped me to reflect on young professionals into LPRD-PVM domain. It was a long emotional deeper and lasting association with the participants. Joyous. Learning. The Young Professional who passes out is expected to play four roles combined – leader, manager, entrepreneur (or an intrapreneur) and gradually a mentor. To become employers. To provide and/or augment employment to PVM families. To be their loving servant leader. With understanding and experiencing Poverty-Vulnerability-Marginalization as closely as possible. Fieldwork is the spine and job readiness to smoothly slide into the work on the day 1 is the focus. S/he needs to appreciate and have the ability to bring in – Participation (true, for ownership and commitment), Inclusion (the poorest), Collectivization and Collective action for identity, solidarity, capacity, rights-entitlements, well-being and freedom-choices. S/he internalizes 3 Fs – Fish, Fishing and Meta-fishing. With intense focus on Meta-fishing – realizing

what needs to be learnt on her own and learning to be useful to PVM universe. S/he needs to acquire the context specific knowledge-skills-tools-competencies-resources for the movement(s) of PVM for PVM for their LPRD, on her own. Yet s/he should not fall into Dunner-Kruger effect of thinking that s/he knows all and therefore, the false confidence. S/he needs to practice Humility. S/he needs to live the values – Hope, Faith, Promise and Love. S/he needs to practice and live. Practice for 10,000 hours.

S/he needs to live 7R – Read, wRite, aRithmetic, Reflect, unleaRn, pRactice, puRsue. Continues to write field diary. Uses Planners/Organizers. Reads Books. Continues to be aware of self, to manage self, to VISION, and go towards it. Continue to spread micro-learning. Continue to remain current. S/he needs to appreciate – feeling of empathy is not enough – experience matters; relevance matters; what is right today may not be right tomorrow; security is not real; sustainability means some extra time; pace is increasing; everyone is a born leader; all organizations are not similar; when crunch comes – air, water, food ... matters; LPRD-PVM requires investing in people; 1000 days, self-help, self-employment-enterprises, natural farming-living, integration areas require her; this is a VUCA world; and Servant leadership works. Many of the participants (alumni) have lived upto the expectations of their mentors. Some of them excelled beyond. They make an institution great. Course great. They remain permanent associates. There is no choice for alumni or for the institution. They payback by doing good. Good to the LPRD-PVM Universe. Good to the Institution. Good to their Mentors. Mentors’ blessings remain with them forever. For serving the challenge of serving their world, as long as they can. Alumni Associations go long way in this development journey. They become a single family. They become friends for life. They adopt geographies. They adopt themes. They adopt enterprises and efforts. They adopt younger alumni. They adopt younger new participants. They help courses to improve. They help mentors to do better. They become mentors. They help their alma maters to become institutions of excellence. They add model foundations. They add credible consulting groups. Another insight and another commitment.

We must be at it, nurturing young professionals – loving servant leaders-management workers-entrepreneurs- mentors for our Universe. Join us in the world of yoga – navayoga for 7L. 10,000 hours are still with us. ❖

## Articles of the Month

**The Politics of Antibiotics- An interview with Ramanan** <https://fs.blog/2020/02/illusory-truth-effect/>

**Laxminarayan**

“Every use of antibiotics contributes to the development of “antibiotic resistance,” and the number of antibiotic-resistant organisms increases with antibiotic use...In India, the unregulated sale of irrational fixed-dose combinations is the greatest threat.”

A scientist talks about the future threat of antibiotic resistance.

<https://booksandideas.net/The-Politics-of-Antibiotics.html>

**Why I am an Atheist - Bhagat Singh**

“Instead of developing the ideas and experiments of ancient thinkers, thus providing ourselves with the ideological weapon for the future struggle – lethargic, idle, fanatical as we are – we cling to orthodox religion and in this way reduce human awakening to a stagnant pool.”

<https://ruralindiaonline.org/library/resource/why-i-am-an-atheist/>

**Interview with Abhijit Banerjee on UBI by Caravan Magazine**

“We [at MIT] conducted seven randomised control trials [experiments to weed out biases in conclusions] on government -run cash-transfer programmes in six countries, where we handed cash to people to see if they would stop working. We published our findings on this myth of the “lazy welfare recipient.” We found no evidence for such behaviour.”

Banerjee talks on the viability of Universal Basic Income.

<https://caravanmagazine.in/economics/abhijit-banerjee-ubi-minimum-income-cash-transfer-congress>

**The Illusory Truth Effect: Why We Believe Fake News, Conspiracy Theories and Propaganda**

“Never before has there been a stronger sense that fellow citizens have been duped and that we are all suffering the consequences of their intellectual vulnerability.”

The author explores the phenomena of illusory truth as an explanation for why we are vulnerable to ‘information pollution’.

**Evolution of Thinking About Poverty: Exploring the Interactions by Ravi Kanbur and Lyn Squire**

From a GDP model to a human development model to a model that places the poor as analysts themselves, this article provides a lucid account of these perspectives.

<http://siteresources.worldbank.org/INTPOVERTY/Resources/WDR/evolut.pdf>

**To My Old Master**

A letter from a former slave to his old master. In this noteworthy letter, his words echo the essence of his new found freedom.

<http://www.lettersofnote.com/2012/01/to-my-old-master.html>

**300 Years of Imaginary Space Ships: 1630-1920**

There was a long history of thought about travel to outer space. This article contains illustrations and descriptions about visions of space vehicles. An interesting read!

[https://blogs.loc.gov/inside\\_adams/2013/12/300-years-of-imaginary-space-ships-1630-1920/](https://blogs.loc.gov/inside_adams/2013/12/300-years-of-imaginary-space-ships-1630-1920/)

**Hunter S. Thompson’s Letter on Finding Your Purpose and Living a Meaningful Life**

“we must make the goal conform to the individual, rather than make the individual conform to the goal...so it would seem foolish, would it not, to adjust our lives to the demands of a goal we see from a different angle every day?”

Thompson writes a letter to a friend who asked for life advice.

<https://fs.blog/2014/05/hunter-s-thompson-to-hume-logan/>

**The strange persistence of first language- Julie Sedivy**

“Losing your native tongue unmoors you not only from your own early life but from the entire culture that shaped you...You lose the embrace of an entire community. You lose your context.”

A story about the author’s rediscovery of her native language and how deeply embedded it is in her mind and body.

[https://medium.com/nautilus-magazine/the-strange-persistence-of-first-languages-e2d644cc8d4f?fbclid=IwAR2\\_hE\\_p2huIhdQArS4pvqleB1S0eNFXIFAWswWp5IQ1kigXV6JLIF9Rsb8](https://medium.com/nautilus-magazine/the-strange-persistence-of-first-languages-e2d644cc8d4f?fbclid=IwAR2_hE_p2huIhdQArS4pvqleB1S0eNFXIFAWswWp5IQ1kigXV6JLIF9Rsb8)

### **Gandhi, the Jews & Zionism: Martin Buber's Open Letter to Gandhi Regarding Palestine**

"And what if this wandering nation, to whom the land once belonged, likewise on the basis of a settlement by force of conquest - and which was once driven out of it by mere force of domination - should now strive to occupy a free part of the land, or a part that might become free without encroaching on the living space of others, in order at last to acquire again for itself a national home - a home where its people could live as a nation?"

Martin Buber defends Jewish interests to Gandhi who claimed that Palestine belongs to the Arabs.

<https://www.jewishvirtuallibrary.org/letter-from-martin-buber-to-gandhi>

### **Restless Genes - David Dobbs**

"The compulsion to see what lies beyond that far ridge or that ocean—or this planet—is a defining part of human identity and success."

Can the human drive for exploration and uncovering the unknown have genetic roots?

<https://www.nationalgeographic.com/magazine/2013/01/restless-genes/>

### **Love, Dad- A Letter from Ronald Reagan**

"There is no greater happiness for a man than approaching a door at the end of a day knowing someone on the other side of that door is waiting for the sound of his footsteps."

Reagan writes to his son in an honest, old fashioned style about what it means to be a good husband.

<http://www.lettersofnote.com/2012/05/love-dad.html>

### **God**

"The fool hath said in his heart 'There is no God'" (Ps. 14:1), he was referring not to disbelief in God's existence, but to the denial of His moral governance. "

This article explains Judaism's idea of god.

<https://www.jewishvirtuallibrary.org/god>

### **Great Learning- Confucius**

"...there are few men in the world who love and at the same time know the bad qualities of the object of their love, or who hate and yet know the excellences of the object of their hatred."

Confucius speaks on great learning by referring to certain quotes and how it should manifest in the learning process.

<http://classics.mit.edu/Confucius/learning.html>

### **World Scientist Warning of a Climate Emergency**

"We believe that the prospects will be greatest if decision-makers and all of humanity promptly respond to this warning and declaration of a climate emergency and act to sustain life on planet Earth, our only home."

Around 11,000 scientists sign this paper to warn humanity about the climate crises. They present other pieces of evidence, claiming that an increase in surface-level temperatures doesn't even begin to showcase the extent of damage.

<https://ruralindiaonline.org/library/resource/world-scientists-warning-of-a-climate-emergency/>

### **Ancient medicine by Hippocrates**

"I am of opinion that man used the same sort of food, and that the present articles of diet had been discovered and invented only after a long lapse of time, for when they suffered much and severely from strong and brutish diet, swallowing things which were raw, unmixed, and possessing great strength, they became exposed to strong pains and diseases, and to early deaths."

Often referred to as 'Father of Medicine', Hippocrates gives an account of the relation between diet and health, .

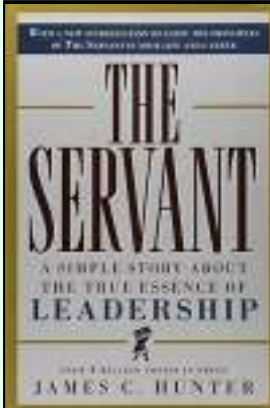
<http://classics.mit.edu/Hippocrates/ancimed.mb.txt>

### **A case against civilization**

The author argues against a widely held belief that things got better as time progressed, by citing evidence of prosperity in ancient times and decline in modern times.

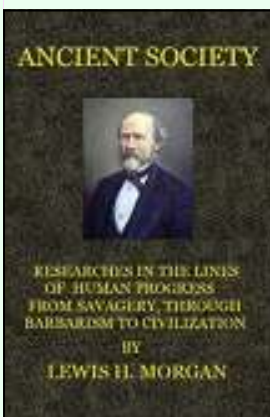
<https://www.newyorker.com/magazine/2017/09/18/the-case-against-civilization> ❖

## Books of the Month



### The Servant - James C. Hunter

'To lead, you must serve' is the solid premise of the book 'The Servant'. The author of the book James C. Hunter unfolds the timeless principles of servant leadership through the story of John Daily, a businessman whose outwardly successful life is spiraling out of control. He is failing miserably in each of his leadership roles as boss, husband, father and coach. To get his life back on track, he reluctantly attends a weeklong leadership retreat at a remote Benedictine monastery. Each of his leadership roles as boss, husband, father and coach. To get his life back on track, he reluctantly attends a weeklong leadership retreat at a remote Benedictine monastery. This is a book written to teach everyone in any leadership role that to truly lead, you must learn to serve and the true leadership is not about power, but authority which comes only by serving and loving. This is a must read to everyone who are in leadership position— at home or at work.



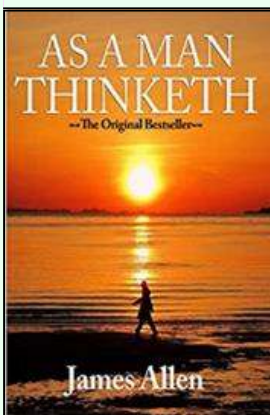
### Ancient Society - Morgan

Ancient Society is one of the best books in social anthropology in the world. Morgan described excellently about the society evolution from the ancient stage to civilization stage by his extensive field studies. In this book he described the human society in three broad stages like savagery, barbarism and civilization. The book mainly focused on the social evolution and people's institutions. Morgan analyzed government, family, marriage, property at different times in human history from ancient societies to civilized societies. He explained the evolution of government, family type, subsistence and language through inventions and discoveries. Morgan explained the property evaluation and how it facilitated changes in institutions which lead to the political systems. He also explained the journey the property from common property to private or individual property. It's the best book for those who want to study social evaluation.



### 48 Laws of Power - Robert Greene

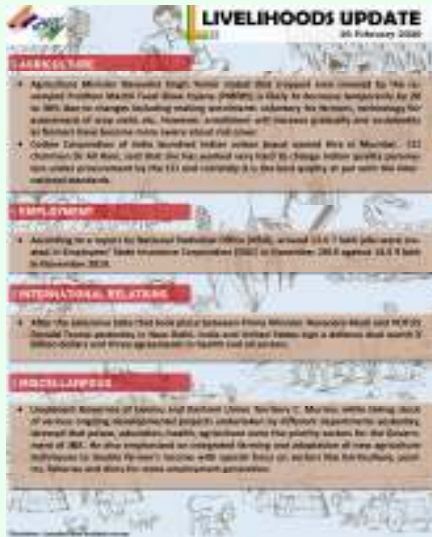
This book is highly influential and sold over 1.2 million copies. The author discusses 48 laws on how to gain power, preserve it and defend it against more powerful people. Some laws are as follows: Never outshine the master, Always say less than necessary, Win through your actions but not through your argument, Enter action with boldness, Plan all the way to the end, Be royal in your own fashion, Create compelling spectacles, Never appear too perfect, Do not go past the mark you aimed for and Assume formlessness. Though some laws are amoral and cunning as the author freely admits, the book is thought-provoking and interesting.



### As a Man Thinketh—James Allen

It is a literary essay published in 1903. The entire essay can be summarised in three lines, namely- you do what you always think; You shape the world according to your thoughts and your thoughts can make you younger or age faster. The book aims to convey the power of thought and how thoughts influence our lives. He talks on how to apply thought to produce results that one desires by working patiently and consistently on it, by remaking our lives and eventually transforming our circumstances. The style of writing is clear and lucid.

## Livelihoods Update



*We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) news every day and put a form and upload in Social Media.*

## Weekly Livelihoods Update



*We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) articles every week and put a form and upload in Social Media*

## 'Yoga'kshemam

Happy Holi!

Ugadi!

Happy Budgets!

Happy Women!

Empowered Women!

Happy Pi!

No discrimination, please!

Wildlife! Sparrows! Forestry! Rivers! Water!

Consumers!

Hearing! TB! Kidney! Smoking!

Security!

Meteorology!

Happiness! Poetry! Theatre!

Fools | Autism | Blindness |

Mines | Health | Homeopathy |

Motherhood | Hemophilia | Heritage | Civil Services |

Earth | Books | Copyright | Intellectual Property |

Panchayats | Malaria | Safety and Health | Ayushman

Bharat | Ambedkar

Corona Virus is cancelling international events.

AAP sweeps Delhi.

Namaste Trump, in India. Walls in Ahmedabad.

Riots in Delhi. 40 die.

Let us be fit. Let us commit to 6-7 minutes workout every day -

- \* Stand and box is a cardio exercise. Punch like a boxer, alternating the arms forward and back.
- \* Side squats work the lower body. Take a step and bend the knees on alternating sides. Don't let the knees go past the toes. Keep up the pace and use the arms to help stay balanced.

\* Kneeling push-ups exercise the upper body. Hands should be just wider than shoulder-width apart. Breathe out while pushing back up.

\* Bird dog engages the core. On the hands and knees, raise the arm and the opposite leg until they're parallel to the floor. Switch from side to side. Keep the abs tight.

\* Repeat each of these exercises one more time.

\* Be in a modified happy baby pose, 10 deep breaths. Followed by Shavasana.

I have participated in a panel discussion on Community Ownership of Education/Schooling (should we call it Nayee Taaleem, NT?) a couple of days ago. It has given me opportunity to reflect on Education. It occurred to me that I am a product of community/public schools – single teacher, primary, upper primary, high, residential

### G Muralidhar

schools; residential junior college; Engineering College/Technology Institute;

Rural Management Institute. They provided education at no or low cost. In addition, I got scholarships and stipends to pursue studies. I participated in running school. I also taught. My questions are - Should this not be available to all? Should not we rope in the alumni of 'education' in India to pay back?

Should not the NT talk of graduation, by the time one becomes a major (18 years), to Identity, Solidarity, Capacity/Ability, Rights (and Entitlements, Responsibilities), Performance/Wellbeing, and Freedom (and Choices)? Should not the NT Funnel become less narrower? Can we not ensure more numbers get out of the funnel? Should not our NT recognize that we are a Krishi Pradhaan (enterprise and self-employment centric) country and prepare our education participants for the same? This means they need to have augmented leadership ability. They have to demonstrate and live true human life.

Therefore, NT should ensure 7R skills – read, write, arithmetic, reflect, unlearn-learn, practice and pursue – of leadership, for all.

NT is of the students and the community of the students, 3-18 year olds, where they come from. NT is for ALL. It should ensure Participation and Inclusion of all. Including special efforts to get Poor-Vulnerable-Marginalized in. NT leadership and management should be communitized to these stakeholders – students, teachers, parents, alumni, community organizations and other civil society, and PRIs. Leadership of this ecosystem of unlearning and learning in the area. Leadership of this schooling. Beyond schools. Including private and public schools. State should increase allocations for Education; allow localness, local experimentation and customization; ensure laboratories, libraries, sanitation, nutrition etc. Extended hours of supervised study. Space to do homeworks. Testing, may be every week. Competitions. Clubs and Forums for child's learning, creativity and leadership.

NT Teacher has to transcend current school teaching methods-processes very soon. S/he has to be a learning facilitator. Learning challenger. Learners will know how to get data and information in this internet, google world. Books, Videos will be there. Learning facilitators have to trigger learning appetite, with unlearning ability. Sessions have to be smaller. 15-20 minutes? Micro-learning videos help. Small tasks help. Learning facilitators have to focus on analysing-synthesizing-applying information-knowledge, imparting skills, behavioural competencies, experience, exposure and tools of leadership. Focus on essential (soft, social, team) skills. It has to be in the localness. In local settings. In local languages. It has to include working with hands. It has to include community work. NT Teachers need longer tenures, may be a decade or so. Need not be transferred at all, except on promotion. They need to be accountable to NT Leadership in the Area. Community interactions, and learning the reality in the community need to have

time and space in the learning agenda of the student.

Students need to be caught when they are in the womb. 1000-days+16 years is the period of schooling to the child. 10,000 hours of intense leadership practice to be offered to the child. 2 hours a day, for 10-12 years. They need to be seized of the current issues. They need to internalize the need to be working on climate change. Changing paradigms. TRUE livelihoods. Human dignity. Self-help. Natural living and natural farming. Collectivization and collective conscience. They need to be exposed to possibilities and clear 'no's. They need to be conscious of global consensuses. They need to become committed to global universal values – Hope, Faith, Promise and Love. Students need to be at meta-learning/meta-fishing, along with fish and fishing. They need to know, what is right today, may not be right today. They need to internalize world belongs to future, and they are mere custodians, trustees. They need to look at everything from the lenses of child rights.

## G Muralidhar

Some are wired differently. They need special schools. Some need hostels. Some need financial help. Some need special help.

As I write this, Luxemburg announces free public transport to all. It is time we have Education and Health to All. Free. In the hands of locals.

Transition times. Let us get going. Let us continue the human spirit. Let us live, let the life live. Let us learn till the last second. Let us remain useful. Let our children grow into this paradigm fully. I am sure Will and Genius of Universe will keep us there. **Let us learn, love, lead, be and flow in N.** This is vidyaayogam.

Can we be there? **Yes, if we pursue Atma Yoga.** If N is in U and U are in N within us! If we practice! Krsna confirms N joins U and becomes U, and U joins N and becomes N. N is the innermost. One with N becomes 'him'.

Join us in the world of yoga – for life – towards lok vidyaayogasiddhi. You will not regret it. ❖



(Images From Field Worker's Diary)



**livelihoods**  
Today and Tomorrow