

livelihoods

today and tomorrow

May 2020

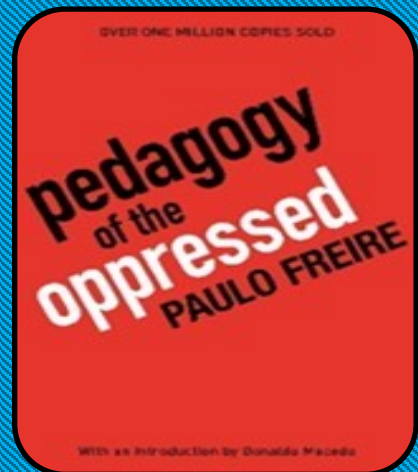


Monthly External Videos



Monthly Images

Articles of the Month



Books of the Month

Yogakshemam



May Day! Buddha! Gurudev! Ramzan! Mother!

Let us have freedom, freedom for speech, write, freedom for press. Let us laugh. Let us be healthy. Let us be sensitive. Let us appreciate aesthetics. Let us be aesthetic. Let us be athletic. At least a bit. Let us be fit. Let us be sensitive and support people with asthma, thalassemia, hypertension et al. Let us be proud of nurses. Let us say no to tobacco. No to Terrorism. Let us care mothers. Let us respect motherhood. Let us care our families. Let us be proud of Red Cross. Armed Forces. Fire Fighters. Disaster Warriors. Let us have universal telecom services, in all hues. Let us be welcome appropriate technology and let us learn and be friendly to technology. Let us augment biodiversity. Let us protect endangered species. Let us understand our heritage through our museums. Let us protect.

Milk | Parents | Cycle | Environment | Food Safety | Brain Tumour | Oceans | Child Labour | Refugees | Blood Donation | Wind | Desertification | Music | Hydrography | Yoga | Father | Olympics | Asteroid | Public Service | Drugs | Widow

50 years of Earth Day. Nature is bouncing back. A treat. And a lesson for post-COVID. Pandemic is slowing down a bit, at least for a while. World is opening up from lockdown, slowly. Vaccine trials, some treatment-therapy protocols are in the horizon. We need to practice 'distance' and 'washing hands with soap'.

We need to get going. Mentally. Emotionally. Physically. Spiritually. Let the human spirit prevail. Let us Repurpose.

As we reiterate our request to our co-travellers to give more - notes, blogs, videos and pictures, we present 151st 'livelihoods' herewith. Our picks of the month include:

Videos – "Coronavirus and lockdown hit India's poor especially hard"

Fieldworker Dairy (Bharathi)

Classic Books – Pedagogy of the Oppressed - Paulo Freire; The Goal - Eliyahu Goldratt

Classic Articles – What is History – E.H Carr; The Future of Commons - Elinor Ostrom;

Rural Development: Putting the Last First: Robert Chambers

A book on Livelihoods on Ground (may be in 3 volumes) is under finalization for release soon. With the faith and hope that you find this and evolving 'livelihoods' useful, we remain.



the 'livelihoods' team

'livelihoods' team

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Walked/walking with us

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M Lavanya	Soumya
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P Madhusudhan	A Venkata Ramana
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V Murali	T Vina

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Supplements / Videos

Supplement (News)	Monthly Livelihoods Update (April 2020) https://drive.google.com/file/d/1pUXAWkIFdmJl-QxsvW3ibbsYw6fgG2/view?usp=sharing
Supplement (Images)	Monthly Images Compiled (April 2020) https://drive.google.com/file/d/1IZZrRyXshFeka9prcO9kP6PTdRWJl/view?usp=sharing

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<https://www.facebook.com/livelihoods.portal.75>

<https://www.facebook.com/groups/355847681149768/>

<https://www.facebook.com/Livelihoods-People-168949873148505/?surface=rese>

Videos of the Month

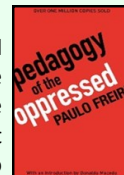
Creating pathways to successful livelihoods in India - Swathi	https://www.youtube.com/watch?v=jYJBWm5DcA&fbclid=IwAR1th9Bj09qIbwGXmnJ9yWRV_94kpH_VF2weHYUHKFbv8KhjX7WxJZ4_5Hs
Pollution Chokes African Lives, Livelihoods	https://www.youtube.com/watch?v=1Ovv3yU02UE
Corona and Poverty: How 15000 homeless in Delhi are struggling to survive both	https://www.youtube.com/watch?v=jSws3Yjh8SI&fbclid=IwAR0iNH3i05GM-gK28NW1GTxUPwf60r0XIY_Ot6jxcDEG7kCDqzJymc4viZM
Coronavirus lockdown leaves millions of Indian workers unemployed	https://www.youtube.com/watch?v=gv-BjtUOkeM&fbclid=IwAR3Av5rnthir0qdHDBM2cYWo3oBuyBDzkf_sfrBH5XojMtrh3Z1hxAl9IGl
How India's coronavirus lockdown is affecting its poorest citizens	https://www.youtube.com/watch?v=FfEmAwbq7WE&fbclid=IwAR05aSZEmQg3KFCBziDsIJOiS-w2JGa8htfUnMHmkCs_f8Yg7fh67y6JkiU
India: Worlds biggest COVID-19 lockdown leaves poor starving ABC News	https://www.youtube.com/watch?v=971jgOmT2kw&fbclid=IwAR0wINzjWrn-Gpi5gY1qa34AilbDDbbqLWe6OZZGOO9p0RZSgay_NiBZquQ
India: India Poverty 2020....best motivational video on a documentary of Indian poverty, slum areas	https://www.youtube.com/watch?v=aw33txDpA6M&fbclid=IwAR1rkkurM8PtD9QtZZtQ5vCFk7_sqb7g0YcP14Yt1a-8foY66XS2E87fzhg
COVID-19: Local businesses in Chennai step up to help fill the need for protective face masks	https://www.youtube.com/watch?v=9CBWNj1fTwi&fbclid=IwAR1XzuMxFzMja55kMx68BLRnzVbN7F2m_NrzhJPpzbIW_y8Fc6IHZASdgCl
India lockdown: How the world's largest coronavirus lockdown is unfolding	https://www.youtube.com/watch?v=5BRHcGRfI4Q
Coronavirus and lockdown hit India's poor especially hard	https://www.youtube.com/watch?v=uNd7KwFpW8A&fbclid=IwAR1v-NdgGpQBN6hBaOyc4imvg2y8ByQmsrfu2a2l4sbCyU0s50KMTbVRCjE
SheInspiresUs: Women earn livelihood by making spices in Chhattisgarh's Balrampur	https://www.youtube.com/watch?v=LV09ODUzV6U&fbclid=IwAR3uUe0i5kRiHUxfGmuZKJ_xCZeVlZYHQk6BEqNpaCQ2hpW89fKsU8_uc4
Top Economists' Prescription On Saving Lives And Livelihoods, Fighting Economic Virus News track	https://www.youtube.com/watch?v=Oo9QQ33g91Q
COVID-19 lockdown: Migrant workers stranded in Dharavi struggle for livelihood	https://www.youtube.com/watch?v=awEIHpBn4M
Raghuram Rajan Exclusive On Impact Of Covid-19 Crisis On Indian & Global Economy	https://www.youtube.com/watch?v=SqKQWK2YCxU
India's fisherfolk struggle to stay afloat during COVID-19 lockdown	https://www.youtube.com/watch?v=9-rMcdLmKpk
SHG's help to mass produce triple layer cotton masks	https://www.youtube.com/watch?v=WUG-fxft4Fo
Haryana: Self-Help Group Of Women Aid Fight Against Coronavirus By Manufacturing 50 Lakh Masks	https://www.youtube.com/watch?v=14F7u0awK74&pbjreload=10
India Coronavirus Lockdown Improves Water Quality of River Ganga & Yamuna	https://www.youtube.com/watch?v=yrAQ_23427Y
Coronavirus and food: COVID-19 could make rising global hunger worse, warns new report	https://www.youtube.com/watch?v=5N1993jVrb8
The impact of COVID-19 on inequalities in the world of work	https://www.youtube.com/watch?v=Ih2IL7JfUo

Books of the Month

Pedagogy of the Oppressed - Paulo Freire

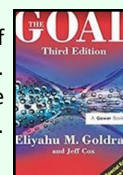
Pedagogy of the Oppressed is the most popular book of educator Paulo Freire. The book is dedicated to the oppressed and to those who suffer with them and fight at their side. Pedagogy of the Oppressed is for the educators, the people fighting for the freedom of the oppressed. Freire examines the balance of power between the colonizer and the colonized remains relatively stable. This book provides prescriptive evidence about how the oppressed might go about understanding their reality and create ways to overcome oppression, seizing education, true education, as a path to freedom.

https://ia800703.us.archive.org/12/items/FreirePedagogyOfTheOppressed/Freire_pedagogy_of_the_oppressed.pdf



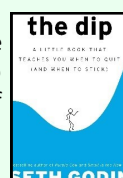
The Goal - Eliyahu Goldratt

Using a gripping story of the novel, Eliyahu Goldratt explains good management principles and the application of theory of constraints in an easy to understand manner. The book details five steps that help us reach the goal: 1. Identify the system's bottlenecks. 2. Decide how to exploit the bottlenecks. 3. Subordinate everything else to the above decision. 4. Elevate the system's bottlenecks. 5. If, in a previous step, a bottleneck has been broken go back to step 1. The book gives a very good summary of the core issues in management.



The Dip: A Little Book That Teaches You When to Quit - Seth Godin

'Winners never quit and quitters never win'. Seth Godin revisits this traditional wisdom in his new 'little' book, 'The dip'. He tells the reader that winners know when, what and why to quit. Quitting can be deployed as a strategy to become the 'best in the world'. 'Best in the world', defined in a very pragmatic and interesting sense. A set of questions towards the end of the book sums up the essence of the book and prompts you to revisit many situations when you have decided either way (to quit or stick).



Voices Of The Poor – Crying Out for Change - Authors :Deepa Narayan, Robert Chambers, Meera K. Shah, Patti Petesch

"Poverty is like heat. You cannot see it, you can only feel it. So to know poverty you have to go through it" is the opinion of one poor person from Ghana. "Voice of poor" is a collection of such opinions, views and expressions of thousands of poor people from all over the world. This book also gave a call for action to bring about a positive change in the lives of the poor. We all are trying to make this world a better place for living to all its residents. To make this happen, we should definitely listen to these "voices of poor".



<http://documents.worldbank.org/curated/en/501121468325204794/pdf/multi0page.pdf>

Images of the Month



Nose Mask Stitching work (Covid-19)

Sugarcane Transportation

[Link: Monthly Compiled Images - <https://drive.google.com/file/d/1iZZsRyXshFeka9prcO9kpfK6PTdRWj/view?usp=sharing>]

Articles of the Month

The Real Roots of Midlife Crises

“life satisfaction would decline with age for the first couple of decades of adulthood, bottom out somewhere in the 40s or early 50s, and then, until the very last years, increase with age, often (though not always) reaching a higher level than in young adulthood. The pattern came to be known as the happiness U-curve.”

<https://www.theatlantic.com/magazine/archive/2014/12/the-real-roots-of-midlife-crisis/882335/?fbclid=IwAR1W3owzI40u8KtSPNt7shhTtko-e9GSR2Lcy1-QBmrlN4nyk400>

Wisdom – Sharon Ryan

Aristotle has a concept of practical wisdom that makes up for what is missing in theoretical wisdom.

<https://livelihoods.net.in/2020/04/wisdom-sharon-ryan/>

Yoga and Group Relations Conferences – Gouranga P. Chattopadhyay

This article is not one with any conclusions or discussion of a body of related hypotheses. It is explanations and rationalities that culture seeks to impose on us as “realities” from the time that we began to interact with our environment and think.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Yoga-and-Group-Relations-Conferences-pvt-circ.pdf>

Abilities – John Maier

In the accounts we give of one another, claims about our abilities appear to be indispensable. Some abilities are so widespread that many who have them take them for granted, such as the ability to walk, or to write one’s name, or to tell a hawk from a handsaw.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Abilities.pdf>

The Real Reason People Won’t Change - Robert Kegan and Lisa Laskow Lahey Harvard

Every manager is familiar with the employee who just won’t change. Sometimes it’s easy to see why—the employee fears a shift in power, the need to learn new skills, the stress of having to join a new team.

https://livelihoods.net.in/wp-content/uploads/2020/04/The-reason-people-wont-change_Kegan-Lahey.pdf

What is History – E.H Carr

What is a historical fact? This is a crucial question into which we must look a little more closely. According to the common sense view, there are certain basic facts which are the same for all historians and which form, so to speak, the backbone of history - the fact, for example, that the Battle of Hastings was fought in 1066.

<https://livelihoods.net.in/wp-content/uploads/2020/04/What-is-History-EH-Carr.pdf>

Women in Authority: A Socio-psychological Analysis – Marjorie Bayes and Peter M. Newton-

It describes the women situation out side of the home. It is typically emphasize in inequality of opportunity for women in organizations and advocates increasing high level positions for women.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Women-in-Authority-Bayes-Newton.pdf>

The Future of Commons- Elinor Ostrom

Ostrom examined problems relating to the management of

common-pool resources. These are very important environmental issues – especially for the poorest people in the world.

<https://livelihoods.net.in/wp-content/uploads/2020/04/The-Future-of-the-Commons.pdf>

SOCIAL EXCLUSION: CONCEPT, APPLICATION, AND SCRUTINY – AMARTYA SEN

It discussion of social development issues that influence development and poverty reduction.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Social-Exclusion.pdf>

SCIENCE AND MODERNITY-Ravi Sinha

Science and modernity are widely considered among the most celebrated features of contemporary human civilization. Increasingly they are taken as the defining elements that distinguish our times from the times gone by.

<https://livelihoods.net.in/wp-content/uploads/2020/04/SCIENCE-AND-MODERNITY.pdf>

The Fifth Basic Assumption – W. Gordon Lawrence & Co

Wilfred Bion's Experiences in Groups (1961); a landmark in thought and conceptualization of the unconscious functioning of human beings in groups.

<https://livelihoods.net.in/wp-content/uploads/2020/04/The-Fifth-Basic-Assumption-Lawrence-Bain-Gould.pdf>

The Tavistock Approach to Understanding What Happens in Organizations – Gouranga P Chattopadhyay

Tavistock Approach”,elaborate the concepts with illustrations, and share how the authors have used these concepts in their consulting and managing experiences.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Tavistock-approach-to-understanding-organisations-Chttopadhyay-Gangjee.pdf>

The BART System of Group and Organizational Analysis – Zachary Gabriel Green and René J. Molenkamp

The BART analysis of a workgroup or an organization may assist in preventing loss of valuable resources, off task behavior, productivity decrease, not to mention stress, frustration and potential interpersonal and intergroup conflicts.

<https://livelihoods.net.in/wp-content/uploads/2020/04/The-BART-System-of-Group-and-Organizational-Analysis.pdf>

Rural Development: Putting the Last First: Robert Chambers

The Past quarter century has been a period of unprecedented change and progress in the developing world. And despite this impressive record, some 800 million individual continue trapped in poverty. Like malnutrition, illiteracy, diseases, high infant mortality, low life expectancy etc.

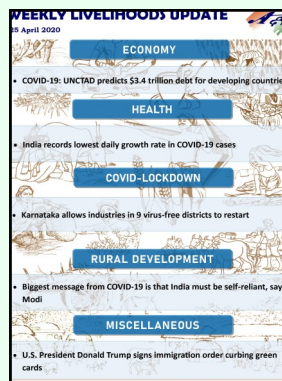
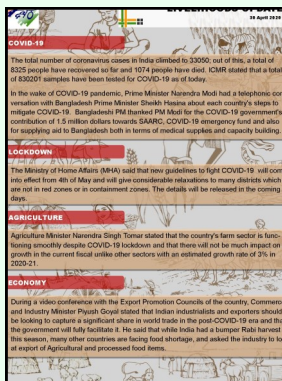
<https://livelihoods.net.in/wp-content/uploads/2020/04/Rural-Development-Putting-the-Last-First-Chambers-1.pdf>

Transformational Leadership And Job Behaviours: The Mediating Role of Core Job Characteristics- Ronal F. Piccolo & Jason A. Colquitt

Transformational leadership theory rests on the assertion that certain leader behaviors can arouse followers to a higher level of thinking . By appealing to followers’ ideals and values, transformational leaders enhance commitment to a well-articulated vision and inspire followers to develop new ways of thinking about problems.

<https://livelihoods.net.in/wp-content/uploads/2020/04/Transformational-Leadership-and-Job-Behaviour.pdf>

Livelihoods Weekly and Daily Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) news every day and put a form and upload in Social Media.

We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) articles every week and put a form and upload in Social Media

[Link: <https://drive.google.com/file/d/1pUXAWkIFdmjlj-QxsvpW3ibbsYw6fgG2/view?usp=sharing>]

Field Diaries / Story

Field Worker's Diary

#LPRD# A Field Worker's Diary #Part 13 # 8 April 2020

For the tribes residing in Rampachodavaram agency area, collecting Non-Timber Forest Produce (NTFP) in the forest there and selling them at the weekly shandy is one of the main occupations. *Gum karaya, karakkaya, amla, kumkudu*, honey, *tippateega* and many more such forest treasures can be found there.

<https://livelihoods.net.in/2020/04/lprd-a-field-workers-diary-part-13-8-april-2020/>

#LPRD# A Field Worker's Diary #Part 14 # 14 April 2020

Around 10 years ago, I and my colleagues spent a few days as part of a study in a Chenchu tribe's *Penta* (the Chenchu called their villages as *Pentalu*) in the Nallamala forest in Andhra Pradesh. Anywhere between 50 to 100 families lived in that small hamlet nestled deep in the middle of the forest.

<https://livelihoods.net.in/2020/04/lprd-a-field-workers-diary-part-14-14-april-2020/>

#LPRD# A Field Worker's Diary #Part 15 # 21 April 2020

It was the year 2002; we had recently joined as Community Coordinators (CCs) in the Andhra Pradesh Rural Poverty Reduction Project (APRPRP - Velugu). As our primary goal was poverty reduction, our first assignment on joining was to identify poor families in villages of Guntur district and form Self-help Groups (SHGs) with the poor women.

<https://livelihoods.net.in/2020/04/lprd-a-field-workers-diary-part-15-21-april-2020/>

#LPRD# A Field Worker's Diary #Part 16 # 28 April 2020

It was 2005, and I was working with the rural poor in the villages of Guntur district under Andhra Pradesh Rural poverty Reduction Project (APRPRP - Velugu). At that time, we had made efforts to try and understand the major problems faced by rural poor and came to know that these people had a lot of legal problems, most of which were land disputes.

<https://livelihoods.net.in/2020/04/lprd-a-field-workers-diary-part-16-28-april-2020/>

Yogakshemam 08042020

From the Present to the Future

Corona Times are progressing depressingly. Officially, about 1.5 million infections and about 0.1 million deaths. India is currently slightly slow – 5000+ infections, 150+ deaths. Stage 3, Local transmission is on the threshold. Lock Down may be extended, may be another 14-28 days. Gradual lifting may last 100 days. Testing, Tracing, Treating, Teamwork and Tracking (as Arvind Kejriwal says) are our action items. Life is more important than slowing down of economy for a while. Let us stay safe, stay home if we can. Work from home. Let us continue soap handwash; no face touches; maintain minimum distance; no groups. Let us shield elderly, infants, and people with severe health conditions, with care and dignity. Let us be engaged as much as we can and remain positive. Let us plan for serving four – families with deaths; families with infected; families affected; and families migrating back.

Link: <https://livelihoods.net.in/wp-content/uploads/2020/05/Yogakshemam-08.04.2020.pdf>

Yogakshemam 15042020

Let us work on 'New Normal'

Let us take this as a wake-up call. For building a life-centric economy. World Order.

Augmenting, improving and/or building newer safer, fairer, and more sustainable systems. Supporting small enterprises, employment and incomes. Finding new emerging areas to invest. Getting more from people rather than machines. More jobs, person-days. With grants. With loans with no interests.

We have to remember lock down situation will not continue either. Transport gets back on 'track'. Movement becomes normal. Hoarding comes down. Value-chain activities go on. Fair trade goes on. Megaretailers do bounce back. Labour returns to work places. Some migrants return back and some stay back in their native places. Financial flows, credit flows return slowly. E-payments retain higher share. Consumption patterns change, and consumption value comes down. Habit of keeping 'reserves' at home remains. Self-employment remains and may grow. Farmers miss high returns but remain linked with 'consumers' more. High value food consumption comes down. Hotels are visited less. MSME, tiny, nano and pico enterprises take time to recover. Unemployment and underemployment may remain longer at the new levels. Governments may announce bigger stimulus packages. May be 5% of GDP, or 30-40% of GoI Budget, in due course. Still, the new poor take time to cross the 'poverty line' again. Poor-Vulnerable-Marginalized may get living stipend-ration (at least deficit for living) for some

time. Governments, Donors, Corporates encourage more direct benefit transfers.

New normal sets in. Be within new normal. Be rooted in, be in sync with nature. Be frugal. Happiness within. With life. In field. Be local. Across the planet at the same time. Self-help, mutual support. Let us be educated naturally. Let us be healthy, fit and more immune naturallu. Be and Pursue active relentless servant leaders, management workers, caring mentors and social entrepreneurs. Be emotional, social and spiritual.

Link: <https://livelihoods.net.in/wp-content/uploads/2020/05/Yogakshemam-15.04.2020.pdf>

Yogakshemam 25042020

Towards truth, light, and life

Let us, all of us, go towards truth, light, and life. Let us repurpose. Let us hear, see, feel experience truth, light and life. Universe, World, Nature. Its ways, diversity, and variety. In situ. Let us go around. A million km. A significant sample of people, locations, macro-micro. Individually and collectively. May be in six layers – 7500 million ... 100 million active families (5%) ... 5 million deeksha takers (5% of 5%) ... 1 million learner-practitioners ... 25000 mentor-leader-entrepreneurs ... 250 life workers.

Link: <https://livelihoods.net.in/wp-content/uploads/2020/05/Yogakshemam-25.04.2020.pdf>

G Muralidhar

Yogakshemam 30042020

Repurpose

Let us get a deep immersion. Let us get a rigorous induction. Let us go through a visioning – appreciate current reality and behind the current reality. Let us hear, see, feel experience truth, light and life. Universe, World, Nature. Its ways, diversity, and variety. In situ. Let us go around. Yatra. Shodh Yatra. Life Journey. Livelihoods Journey. Leadership Journey. Learning Journey. A million km. Many modes. Including walking, cycling - 10000 km, 1000 days, 12 hours a day. Spontaneous movement, going by the ear, eye, nose. A significant cross section, sample of people, locations, macro-micro. Individually and collectively. Let us assess ourselves. Our progress. Our self-reliance. Our needs, limitations, perspectives, philosophies, resources, and aspirations. Our institutions. Our democracy. Let us dig deep inside. Reflect. Our imperatives. Our human and life purposes. Our Ikigai. Our stories. Our failed efforts. Our little successes. Our hope. Our Faith. Reasons for these. Our strengths, abilities; our weaknesses, frailties; our ladders, straws, opportunities, fiends; our snakes, threats, risks/challenges, enemies. Let us take a look at what can go wrong. Let us knit a road map. Blocks forward. Lines forward. Strategies. Partnerships. Networks.

Link: <https://livelihoods.net.in/wp-content/uploads/2020/05/Yogakshema-30.4.2020.pdf>

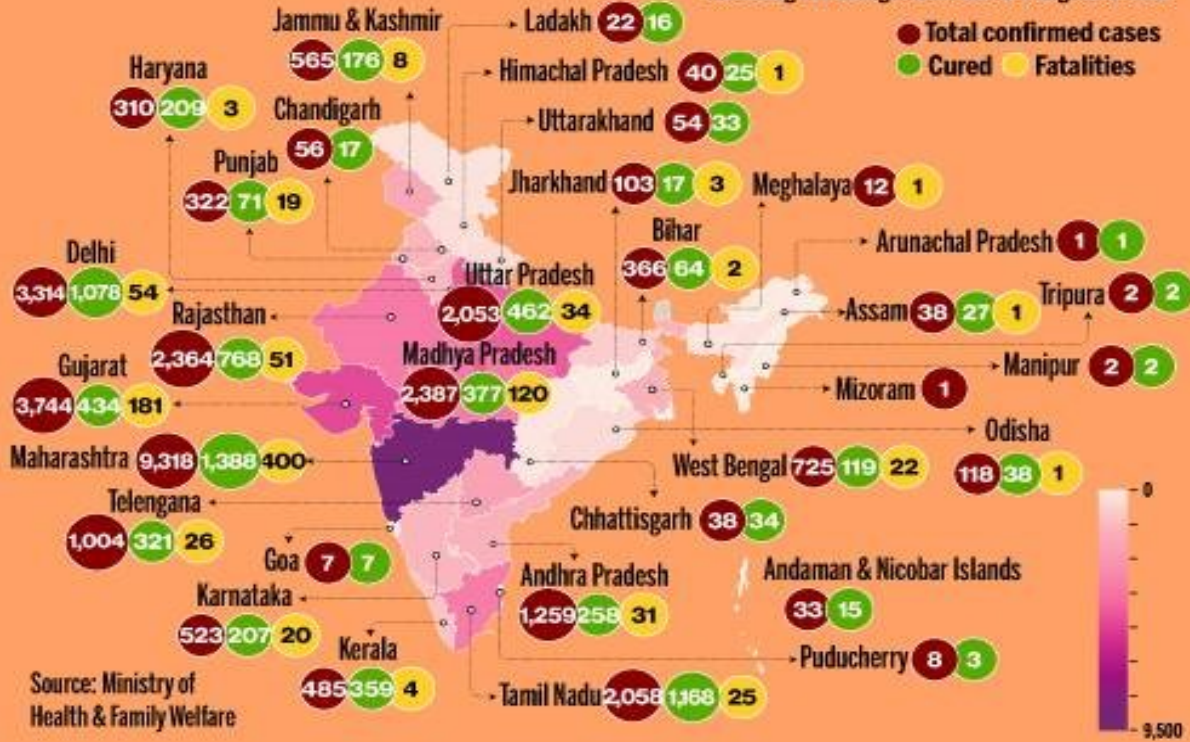
INDIA CORONAVIRUS TRACKER

08:00 Hrs, April 29



	Active	Cured	Deaths	Total
	22,629	7,695	1,007	31,332
Cases in 24 Hrs	+ 997	+ 827	+ 73	+ 1,897

Including 111 foreign nationals & 1 migrated case



MAY DAY

International Day of the Worker



Together We Stand!