

Kaarthika! Guru Nanak!

Let us have more fibre in our foods. Let us have more plant-food.

Let us live life in sync with nature. Let us preserve our souls. Let us let saints live and guide us. Let us get ready to get grace from our Gurus.

Let us make life better for our today's infants, children. Let us remind men to care all life. Let us service our citizens whichever corner, margin they live.

Let us have physical, emotional, mental and spiritual health. Let us control pneumonia, diabetes, cancer and epilepsy. Let us be sensitive and caring.

Let us be thankful. Let us be kind. Let us show no violence. Let us bear no violence.

Let us ration using Television. Let us ration Transport. Let us be conservative. Let us have toilets for all.

Let us be ready to face disasters, including Tsunami. Let us prevent natural disasters. let us be ready to withstand and cope with them, if we cannot prevent.

Let us have the Constitution ruling us. Let us have our flag flying high.

AIDS | Manoharan | Pollution | Disabled | Navy | Volunteers | Armed Forces | SAARC | Rights | Energy | Mathematics | Farmers | Good Governance | Vajpayee

Rest in Peace: Deepak Suchde, Natu-eco farming/Amritakrishi.

BJP manages to form Government in Haryana. In Maharashtra, BJP and Shivasena are figuring out the way forward.

Ladakh and J&K became UTs w.e.f. 31 October 2019.

Bharat Praakrithik Krishi Paddati, BPKP is still on its way.

Greta Thunberg rejects awards.

We are almost there. We are more a video-magazine now. We are with you daily, weekly and as and when required. We are at it - becoming a portal, page, blog, twitter handle, Instagram ... This is the monthly e-publication that gathers all that that has been shared over the month in a single set, mostly as links. We will take some more time to present the video classes on livelihoods, leadership and natural farming courses. As promised, we have two yoga'kshemam's. We will build on this.

145th 'livelihoods' is presenting a focus – 'Civil Society Organizations'. The discussion is to appreciate the agenda, types and status of CSOs. Our picks of the month include:

How to do Performance Appraisal?

Quilt Making

Interview with Common Person

Interview with Anganwadi Teacher

Classic Book - The Second Sex by Simone de Beauvoir

Classic Articles – Livelihoods of Adivasis in India; Development Fable

With the faith and hope that you find this and evolving 'livelihoods' useful, we remain.



the 'livelihoods' team

'livelihoods' team

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Livelihoods Video	Quilt Making https://www.youtube.com/watch?v=sB6G7GCDO3s	
7L - Videos 1.	Common Person Interview https://www.youtube.com/watch?v=NNF0AH-v0m8	
2.	Interview with Anganwadi Teacher https://www.youtube.com/watch?v=0ibxvzto3Yw&t=16s	
Supplement (News)	Monthly Livelihoods Update (October 2019) http://livelihoods.net.in/sites/default/files/pdf/supplement_livelihoods_update_nov_2019.pdf	
Supplement (Images)	Monthly Livelihoods Images (Compiled) http://www.livelihoods.net.in/sites/default/files/pdf/supplement_-_monthly_images_-_november2019.pdf	

Civil Society Organisations (CSOs)

The civil society was there since Homo sapiens transformed into civilized men and began social grouping together. Civil society, state/nations, and market together form the 3 sectors of our society. Civil society organisations can be any social groups that are made up of people with shared interests such as academia, rights activist groups, charities, clubs (sports, social, etc.), community foundations, community organizations, consumer organizations, cooperatives, foundations, non-governmental organizations (NGOs), non-profit organizations (NPOs), political parties, private voluntary organizations (PVOs), professional associations, religious organizations, social enterprises, social movement organizations, think-tanks, lawyers' groups, support groups, trade unions, voluntary associations, etc.



[Link: Focus 'Civil Society Organisations (CSOs)': http://livelihoods.net.in/sites/default/files/pdf/livelihoods_focus_november_2019_0.pdf]

'Yoga'kshemam

I have been to NIT Warangal on 11 October 2019. As NIT Warangal turned 60, it has provided me time, energy, space and moments to reflect on engineer-entrepreneurship-start-ups, community development, employability and global institution of excellence. The key reflections include -

- World's half the poor live in South Asia. We still have wretched poverty in 10-20% families. Unemployment, underemployment and forced migration is still alarmingly large. Dropouts from Education Funnel without employable skills is high. Elders are increasing in numbers drawing attention. Many of existing and emerging Livelihoods are unstable. Yet when the crunch comes, we need air, water, food-nutrition, clothes, shelter and some entertainment. Many of us do not reliable access to these.
- We know India is an enterprise country. A country of the self-employed and entrepreneurs. A country of workers. A country of farmers. A country of craftsmen.
- Education does not guarantee jobs or employment. Special efforts, beyond education, are required for the same. Thus, there is a need for Skilling, employment, individual, group and collective enterprises to better the livelihoods of the young men and women.
- Climate change is hitting us hard. It is predicated that we have for the human extinction to begin. The conditions are similar to the time of extinction of Indus Civilization.
- Thus, current agenda/priorities before our country and the planet including SDGs and Climate Change are becoming clearer and becoming urgent. Children are asking us to act.
- Yet, there are wonderful oases and examples in improving this condition. Largely in the work of Civil Society, Community Organizations, Government(s), Philanthropies, Global Players, Corporates and CSR. There is a huge variety and continuum in the spectrum of works, initiatives, efforts, programs, organizations, academia, advocacy and CSR in this space. Direct and Indirect. Individually and in Partnerships. Development, Technical and Business organizations. For profit, and for Non-profit. Work with Children. Youth. Women and Men. Elders. Farmers.
- There is a Need and there are Opportunities for Innovation, Entrepreneurship and Start-ups in Livelihoods-Poverty Reduction-Community-Social Development. These are in various sub-domains within and support areas.
- The forms are multi-fold - Development organizations, Development Support Organizations, Social enterprises and Hybrid enterprises. There are possibilities for other stakeholders and other organizations working with these, in partnership, collaboration, and coalition. Networking and Pooling up is possible and examples are there.
- Science, Engineering, Technology, Management and other professional alumnus, or a group of alumni can venture into these innovative or otherwise start-ups, and enterprises, or join these.
- The technical expertise, orientation and mindset of these people, if worked upon and directed, can make a difference to the poor, vulnerable and marginalized communities.
- In some sense, it could also be a pay back to society. It could also be a more fulfilling purpose for one's life.
- It is possible that the institutes, their alumni associations, their chapters, individual alumni, or their hybrid coalitions/teams can take the lead towards this end. Mechanisms and processes of Mentoring, Apprenticeship, Living stipends initially etc., could also be considered.

- Further, the support for all these efforts could come from philanthropies, donors, contributors, governments etc., where these alumni are involved or otherwise.
- Of course, there are issues, challenges and difficulties associated with these. But they are identifiable, appreciable and actable.
- These call for bright minds required for development cause and purpose. Development domain is still not a preferred professional domain. This is despite the 'life' of a development worker bine life one looks for; s/he could make a difference of significant magnitude; and it could bring immense satisfaction, joy/bliss and closure liberation of sorts. There are challenges in the development path and many things could go wrong.
- There is a case for introducing 'Development', 'Development Leadership and Management' to all students, as early as possible, starting a development association of students and/or alumni, and opening a PG in Development/Development Management, in all Universities, and Institutes of Science, Technology, Management etc.
- The role of alumni in their alma maters cannot be ignored. They should be in curriculums, counselling, teaching/mentoring, governance etc. Specifically, amongst other things:

Senior Alumni have to be roped in for contributions in terms of time, energy, funds, etc. Elders have to be tapped.

Alumni who are doing wonderful development work need to be showcased.

G Muralidhar

Alumni Technical-Management-Development-Policy Consulting group(s) to be developed for work on significant scale.

Collective(s) of Alumni Enterprises

Adopting Villages/Geographies, Crafts, Value-chains etc.

Fund Raising on Scale

- We need to focus on Employability for large numbers who are dropping out of education funnel, not just the high-end professionals.
- We need to increase the Employability Index for each course. We need to ensure that each course student comes out with demonstrated superior conceptual knowledge and technical skills.
- We need to prepare the youth for employment à Self-employment, entrepreneurship, apprenticeship towards enterprise development. Experiential learning in studentship and immediately thereafter should be available. We need to work on offering soft skills, aptitude, and behavioural competencies quickly.
- We need to ensure the youth get Core Orientation that enhances employability. This may include – understanding Indian and Global Context, life and living, leadership and management, enterprises etc., apart from life skills
- We need to tie-up and offer Fund(s) to support for enterprise development, living stipends, and linkages, apart from offering Mentorship. We need to offer space for getting back for enterprise development, later say after 3-5, 10-15 years.

We must go on. We must be in the E-space to build future leaders and augmenting the present leaders' ability for the future of our children, which we have borrowed from them.

Join us in the world of yoga – for life, living, livelihoods, linkages, leadership, learning and love, in N-domain. ❖

Videos Supplements of the Month

How To

How to do Performance Appraisal

PERFORMANCE APPRAISAL



Akshara Livihoods Private Ltd

It describes the Performance Appraisal Process

[Video Link: <https://www.youtube.com/watch?v=ajuToQD3VLs>]

Livihoods Video



Quilt Making

Quilt Making

'Quilt Making' is a traditional art existent & transferred across generations. In this video film shot at Thadakanapalle village, Kallur mandal, Kurnool, Andhra Pradesh, we have Mrs. Pullamma explaining the intricacies of quilt making. She also discusses on the scope of this livelihood and daily story of her living in this video which is presented from common person's lens.

[Video Link: <https://www.youtube.com/watch?v=sB6G7GCDO3s>]

Videos Supplements of the Month

7L 1: Interview

Common Person Interview



Common Person Interview with Kamala, who is native of Chinna Laxmanpur, Turakapally mandal, She sells custard apple at Sundarayya Park, Baghlingampally

[Video Link: <https://www.youtube.com/watch?v=NNFOAH-v0m8>]

7L 2: Interview



Interview with Anganwadi Teacher

Vasantha, who is native of Dantoor Village, Pochampally mandal. She is working as Anganwadi Teacher in the Dantoor village.

[Video Link: <https://www.youtube.com/watch?v=0ibxvzto3Yw&t=16s>]

Videos of the Month

Reliance Foundation: Helping Farmers with Production and Sale of Orange	https://www.youtube.com/watch?v=N-GLaY7ZQN0
Fishing for the Future	https://www.youtube.com/watch?v=NpEkG2Galx0
ETC Group - Who Will Feed Us?)	https://www.youtube.com/watch?v=MleibVuckil
Elinor Ostrom Nobel Prize in Economics Lecture	https://www.youtube.com/watch?v=T6OgRki5SgM
Rural women in Tripura take up doll making to earn a livelihood	https://www.youtube.com/watch?v=F1ZqjVygoKs
Community Farming: Towards sustainable Livelihoods	https://www.youtube.com/watch?v=aN60ehE-r74
Improving Rural Livelihoods through Farmer-centric Integrated Watershed Management in Karnataka	https://www.youtube.com/watch?v=uCVt_tV5x8A
Rural Hatchery Project — Women Empowerment Through Micro Enterprises	https://www.youtube.com/watch?v=IhnpUwFgLdc
Livelihoods Intervention by HELVETAS Swiss Inter cooperation)	https://www.youtube.com/watch?v=ZhTZ0PgJoSI
Creating water assets MGNREGA in Rapar	http://youtube.com/watch?v=C3B8iNPoiSQ
Women Entrepreneurs shining through Micro-finance	http://youtube.com/watch?v=tK82-qG5Uck
NEU members: The impact of poverty on their children education	http://youtube.com/watch?v=LH-Uqf83M5c
Weaving the Future Chinthakindi Malleshham TEDx Hyderabad	- https://www.youtube.com/watch?v=qSpjfurPjus
Wild Life, Wild Livelihoods' – United Nations Environment Programme	https://www.youtube.com/watch?v=h7deGk1hBCU
Livelihoods Organic Farming by people with disabilities	http://youtube.com/watch?v=hHEU2jSDhgM
1.3 billion people worldwide 'multi-dimensionally poor': UN report	https://www.youtube.com/watch?v=yQirjU2wCws
An insight in to Tribal livelihoods	https://www.youtube.com/watch?v=HTAi8q9FyvM&t=9s
Driving women's economic # Rural value chain efficiency in India - The Potential DFS	http://youtube.com/watch?v=3VUGu9KHemY
MGNREGS in Lunglei dist Mizoram	https://www.youtube.com/watch?v=2joZJU3NH_4
Organic Sustainable Farming is the Future of Agriculture - The Future of Food	http://youtube.com/watch?v=hWkYtZxpQUo
Natural farming For Natural Building + Living	http://youtube.com/watch?v=r5YOLOxAUI0

Images of the Month



Leaf Plate Making



Bosket Making



Okra Harvesting



Bobbin Winding with Charakha

[Link: Monthly Compiled Images - http://www.livelihoods.net.in/sites/default/files/pdf/supplement_-_monthly_images_-_november2019.pdf]

Articles of the Month

A Study on Development of Cooperative Movement In Planned Economy - Anil Kumar Soni & Harjinder Pal Singh Saluja

The cooperative sector is one of the main partners of economy; the cooperatives have more reach to the rural India, through their huge network of credit societies in the institutional credit structure. The cooperative sector has plays a key role in the economy of the nation.

http://www.livelihoods.net.in/sites/default/files/pdf/a_study_on_development_of_cooperative_movement_in_planned_economy.pdf

Well-Being

Well-being is most commonly used in philosophy to describe what is non-instrumentally or ultimately good for a person. The question of what well-being consists in is of independent interest, but it is of great importance in moral philosophy, especially in the case of utilitarianism, according to which the only moral requirement is that well-being be maximized.

<http://www.livelihoods.net.in/sites/default/files/pdf/well-being.pdf>

Universal Declaration of Human Rights

As 'Celebrating each life beyond differences and boundaries' earmarks the very zeal of this declaration. 30 articles stand enlisted to define our right to freedom, dignity, and worth. In the current situations of cross-roads, chaos, indifference, and insecurities, let us for once re-iterate 'our' rights to awaken each of our inherent integrity.

http://www.livelihoods.net.in/sites/default/files/pdf/universal_declaration_of_human_rights_04992019.pdf

Critical Thinking

"Thinking is skilled work. It is not true that we are naturally endowed with the ability to think clearly and logically- without learning how, or without practicing"~A.E. Mander. As criticality takes the upfront, its relevance in education forms the crux of the article.

http://www.livelihoods.net.in/sites/default/files/pdf/critical_thinking.pdf

Livelihoods of Adivasis in India

With all the chaos in mind and talks on sustainable living, gliding in the air. What the focus on livelihoods of Adivasis in India has much more to offer our souls. A trigger to reflect on our lifestyles and an inspiration to trace back to our roots.

http://www.livelihoods.net.in/sites/default/files/pdf/livelihoods_of_aidivasis_in_india.pdf

Our Adult World and Its Roots in Infancy

As a famous author Dr. Brenda quoted "All conflict we experience in the world, is a conflict within ourselves" this isn't only limited to an adult's mind, is the essence of the article 'Our Adult World and Its Roots in Infancy'. In subject to 'character' as the foundation for all human achievement, Psycho analyst Melanie Klein lays forth several hypothesis and definitive viewpoints on how this character is shaped right from infancy, in this article worth reading.

http://www.livelihoods.net.in/sites/default/files/pdf/adult_world_roots_in_infancy_m_klien.pdf

Leadership Can Be Taught

From great crisis, evolves each in their style. This article caters to believers, non-believers and mere believers of Leadership within the self for it gives a reflective take on the aspirations of this complex world for the sustenance of common good.

Development Fable

This article of 527 words, concludes on four questions which may potentially haunt one forever. Ironically termed a #Fable, what it presents is the story of every land which has perpetually undergone the process of defining #Development. Behold this #tell-tale which majority overlook until unfolds.

http://www.livelihoods.net.in/sites/default/files/pdf/development_fable.pdf

Institutions of The Poor

As teambuilding, synergy stands prime focus of all organizations today. Across many differences and sheer reverence, the resolve to institution building and the need for the strengthening of existing institutions of the poor across all spheres of development stands the essence of this article. As the collective voices of vulnerable raise, what upfront's is even greater, a clearer path to empowerment or much more.

http://www.livelihoods.net.in/sites/default/files/pdf/institutions_of_the_poor_0.pdf

Poverty & Livelihoods: Whose Reality Counts? by Robert Chambers

As we always stand a perspective away to challenge and reorient our preconceived notions. This paper leaves the readers with the definite urge for practicing the quality of putting first the needs of the poor as one logically sails through the concepts of #poverty, poverty line, deprivation, well-being but only from the perspective of poor. Pertinently a must-read for every development professional to thrive on the learning curve.

http://www.livelihoods.net.in/sites/default/files/pdf/poverty_whose_reality_counts.pdf

Leadership Research & Theory

To each his own; to numerous, opinions are of their constructive & projective own! As this may stand to hold true, we tend to have already heard and spoken about #Leaders, #Leadership, #GreatLeaders. This article as an introductory is the researched collation of the #earlybee theories on leadership beginning with #GreatManTheory. Effectively presenting the readers with a #logical doorway to the shortcomings of the older theories which eventually paved way to newer theories persay, making an interesting read.

http://www.livelihoods.net.in/sites/default/files/pdf/leadership_theory.pdf

Rationalism Vs Empiricism

The immediate consequence of starting to read this article in effect -

#Rationalism - /'raɪ(ə)n(ə)lɪz(ə)m/

noun

the practice or principle of basing opinions and actions on reason and knowledge rather than on religious belief or emotional response.

#Empiricism - /em'pɪrɪsɪz(ə)m/

the theory that all knowledge is based on experience derived from the senses.

As we quote Google, this article has more to offer. Presenting an opportunity to experience food for the brain on the resolve to read, as the dimensions and possibilities of the two perspectives unfold in argumentative and subjective style

without losing objectivity. A must-read for all those curious ones as logic takes the lion's share.

http://livelihoods.net.in/sites/default/files/pdf/rationalism_vs_empiricism.pdf?fbclid=IwAR2NvPvX9T54E8wSEfWoxJfFef4E8oqud1KUYCoVbHISmveCuiUvW

Development Worker and Love

Love is not just a feeling; not just an experience; it is an activity. An activity of giving; giving without any reciprocal expectation. The Development worker's key quality is Love.

http://livelihoods.net.in/sites/default/files/pdf/development_worker_and_love.pdf?fbclid=IwAR2W6G6ur5zrC8Q3Gai-wSc0NUxWEvYDDEcub7HvYVWm04E8E

Journaling As a Reflective Art

As we hold a book and pen in hand, we may re-write history or create a history as no piece of writing is ever good or bad. Beholding this power which 'we' people retain, this article emphasizes the scope for reflective learning from thinking & writing. To begin with, the article encapsulates the techniques and methods for the beginners to master the art of 'Journaling' - reflecting & recording and going a step ahead and analyzing.

http://livelihoods.net.in/sites/default/files/pdf/journaling_as_a_reflective_practice.pdf?fbclid=IwAR0LDp6EH-Rwmgg1pC08RNeL8ng4-WL14HEE1GdW5E1W8EgjeEENw

Patterns of Wealth Disparities in India during Liberalization Era

As we intently look back, Hi's'tory becomes part of 'You' & 'I'. This article accounts an important study traced back to the period between 1991-2002 when India has undergone a significant shift in its economic policy, the era in which the nation opened up its economy and normalized restrictions. Heading to the then debt-investment surveys, the patterns calibrated is a significant point of reference for re-writing the story of 'progress'.

http://livelihoods.net.in/sites/default/files/pdf/patterns_of_wealth_distribution_in_the_liberalization_era.pdf?fbclid=IwAR0Lp6EH-Rwmgg1pC08RNeL8ng4-WL14HEE1GdW5E1W8EgjeEENw

The Learning Disabilities and Our Ways of Thinking

In this short yet deep, thought-provoking article, learning disabilities are linked to ways of thinking in complex situations. The story is narrated through a "beer game" and the various outcomes serve to exemplify the three types of thinking: Event, Behavioral and Structural. The author makes a convincing case for the structural type of thinking because they address "the underlying causes of behavior at a level that patterns of behavior can be changed".

http://livelihoods.net.in/sites/default/files/pdf/the_learning_disabilities_and_our_ways_of_thinkingconverted.pdf?fbclid=IwAR13m2mbJl8qum50i1U0nGf7h5zqE-cu-W295W8Z0VmnTH466Dz

The Real Reason People Won't Change

This is a must-read for managers who are frustrated with their subordinates' apparent immunity to change. The authors point to a "surprising yet deceptively simple conclusion". They state that many of us have competing commitments that are based on the assumptions of our view of the world and others, that arise from our need for self-protection but act in ways that are detrimental to our advancement and well being. In elucidating the process of bringing these hidden commitments to the surface, they argue for people, not just managers, to be sensitive to the nuances and complexities of human nature and helping them cope with their inner conflict. Hope you enjoy!

http://livelihoods.net.in/sites/default/files/pdf/began_sibhy_-_the_reason_people_wont_change.pdf?fbclid=IwAR13m2mbJl8qum50i1U0nGf7h5zqE-cu-W295W8Z0VmnTH466Dz

The Concept of The Collective Unconscious

Many describe Jung's intelligence as terrifying. What's more terrifying is that he shines light on phenomena that seems like it can more or less be observed everywhere but no one noticed. He does it again with his article on collective unconscious. Known by many scholars as "representative collectives", Jung

argues that the unconscious collective is hereditary; it is distinct from the personal which is developed, not inherited. These are not vague but formed, motive forces that pursue their direction whether or not consciousness recognises it. Because there are patterns in the way it manifests, Jung says they are reflections of archetypes. If the archetype is not integrated into the personality, it can cause neurosis. It is due to this that we are reviving the archaic symbols and religious forms and this mass emotion influence the life of the individual. The rise of regressive and superstitious forms of religious practices can be traced to this concept.

http://livelihoods.net.in/sites/default/files/pdf/lung.pdf?fbclid=IwAR21cV5enVKGd6HSGYNUUe_d5wTfNXP8qFfYRyVJK7u6LETIGp3-11x

The abolitionist project

Do you want a look into the future? The future, according to David Pierce, is the post- Darwinian frame of mind, the hedonistic imperative, the abolitionist perspective, it goes by many names. It envisions a future where certain negative feedback systems in our brain are eliminated and is replaced by "a motivational system based on heritable gradients of bliss." They believe that the world's last unpleasant experience can be a recorded event in the distant but near future.

https://l.facebook.com/l.php?u=https%3A%2F%2Fwww.bedweb.com%2Fabolitionist-project%2Findex.html%3Ffbclid%3DlWARD0Ceu88_-i-NVWrtV2e6e5-SxLdmhW4yNz5mP_DAE90c051nB7w9uyM8&h=AT320h3ox1e611em02KDYm7Pv_baK69p8ya601hx1Q1vDc0MIw0HhYqy8XASAVF3m-ewk1wqcnWtkR0QorrFbhh3qphPv9uHfCFwmbayE186d1cFv9-9d9VaoTTCGSCF00BMeGm9e4CUdyhde-gaNA

Speech by Rev. Martin Luther King at the 'March on Washington'

For all the great speeches that earmark in #history. This revolutionary symphony of words, to date continues to leave one with a remarkable surge in emotions, driving the thrive for equality. Imbibing the spirit behind every struggle for #freedom, 'I Have A Dream' continues to trigger a new dimension every time one reads it

<https://www.archives.gov/files/press/exhibits/dream-speech.pdf>

Pain

In this article, the author explores the various dimensions of pain. He elucidates several definitions and approaches as to what can be regarded as pain, several ontological and epistemological concerns arise. He states that pain is not just an object of perceptual experience but experiences themselves.

<http://livelihoods.net.in/article/pain?t=10s>

Al-Farabi's Philosophy of Society and Religion

The Islamic golden age produced brilliant scholars and Al- Farabi is one of them. The author elucidates several ideas of Al- Farabi, a philosopher of 10th Century. He states that the goal of humans is achieving their felicity by their use of rational faculty and that society's goal is to facilitate its use by creating moral obligations and duties. He also discusses the role link between religion and philosophy.

http://livelihoods.net.in/sites/default/files/pdf/al_farabis_philosophy_of_society_and_religion-converted.pdf?fbclid=IwAR1sYejd0MPTgDv1_Yb8awHFAZVIGGUxICgQdhWPP21hncNQV7N1hMfE

Gandhi, Nehru and Ambedkar – Three formulations of 'Real India'

A graphic guide to how three visionaries- Gandhi, Nehra and Ambedkar, conceptualised the 'Indian Village'. An easy and fun read!

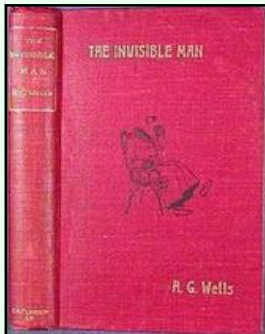
https://www.epw.in/sites/default/files/gandhi-nehru-and-ambedkar-three-formulations-real?fbclid=IwAR1LoPvb_pjxoU9oKGF5dHuZnDf05BXskby4fyzmGvBpZQZ78FyomGM8TKs

Books of the Month



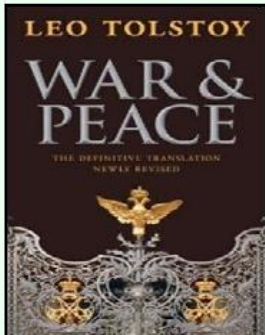
Classic Book: The Second Sex - Simone de Beauvoir

The Second Sex provides a strong alternative to identity politics. For Beauvoir, identity is an effect of choices and actions in specific situations: "One is not born, but rather becomes a woman." Living under vastly different conditions, women are unlikely to develop the same political interests. Women often have stronger allegiances to their race, religion, social class or nationality than to their own sex, Beauvoir writes. Written in 1949 in French and translated to English in 1953, the Second Sex is a wonderfully energetic book. For Beauvoir, the future is wide open, and freedom within reach: "The free woman is just being born," she optimistically concludes. The Second Sex urges us to have faith in our power to transform the future. [https://uberty.org/wp-content/uploads/2015/09/1949_simone-de-beauvoir-the-second-sex.pdf]



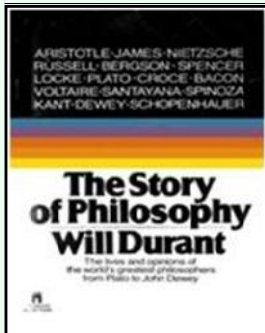
Classic Book: The Invisible Man - H.G. Wells

'The Invisible Man', was originally serialized in Pearson's Weekly in 1897, and published as a novel the same year; and went on to win the National Book Award for fiction. The story of the book is about Mr. Griffin, a scientist who has devoted himself to research into optics and invents a way to change a body's refractive index to that of air, so that it absorbs and reflects no light and turns himself invisible; thus, becoming the invisible man of the title; however, he soon realizes that his invisibility is a curse and tries to reverse the process, but loses his life in the process. It is a great work of fiction by Wells, which tries to show what the human tendency of greed leads to. [http://cbseacademic.nic.in/web_material/doc/novels/2_The%20Invisible%20Man,%20by%20H.%20G%20-%20Class%20-%20XII.pdf]



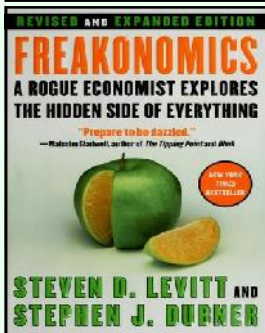
Classic Book: War & Peace - Leo Tolstoy

War and Peace delineates in graphic detail, events surrounding the French invasion of Russia, and the impact of the Napoleonic era on Tsarist society, as seen through the eyes of five Russian aristocratic families. The entanglements of their personal lives with the then contemporary history of 1805 to 1813. Tolstoy spent years researching and rewriting the book. He worked from primary source materials, as well as from history books, philosophy texts and other historical novels. Tolstoy also used a great deal of his own experience in the Crimean War to bring in vivid detail and first-hand accounts of the structure of the Russian army. War and Peace is well known as one of the best insights into the mental processes of a great novelist. [https://planetpdf.com/planetpdf/pdfs/free_ebooks/War_and_Peace_NT.pdf]



Classic Book: The Story of Philosophy - Will Durant

'The Story of Philosophy', written by Will Durant (1885-1981), an American author, philosopher, historian, and teacher, was published in 1924. This book introduces us to the great philosophers of all time in a single compilation. It is a brilliant and concise account of the lives and ideas of the great philosophers from ancient Greek to recent Continental and American philosophers. Durant writes as an objective historian of personal facts, stories and philosophies of these philosophers. It is a key book for any reader who wishes to survey the history and development of philosophical ideas in the Western world. [<http://www.rosenfels.org/Durant.pdf>]

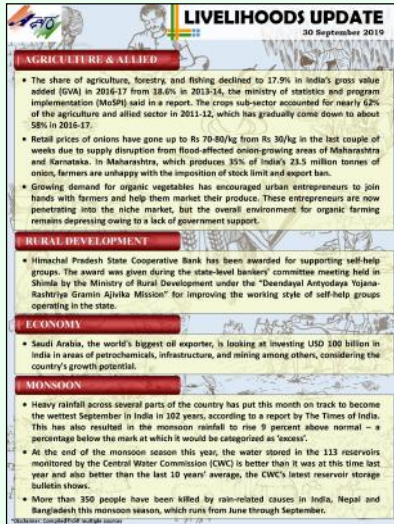


Classic Book: Freakonomics - Steven D. Levitt & Stephen J. Dubner

A rogue economist explores the hidden side of everything. The title is apt as the authors prove wrong many assumptions we take for granted. They use economics and data to "look different scenarios and examine them in a way that has rarely been examined" thereby challenging explanations that have seemingly obvious causes. How was a young, pregnant woman in Texas responsible for the massive crime drop in the 1990s? Why do drug dealers still live with their mothers? What do sumo wrestlers and teachers have in common? More than we know. After this read, the complicated world seems less so.

[http://christophe.heintz.free.fr/bgt/Freakonomics_A_Rogue_Economist_Explores_the_Hidden_Side_of_Everything_Revised_and_Expanded_.pdf]

Livelihoods Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) news every day and put a form and upload in Social Media.

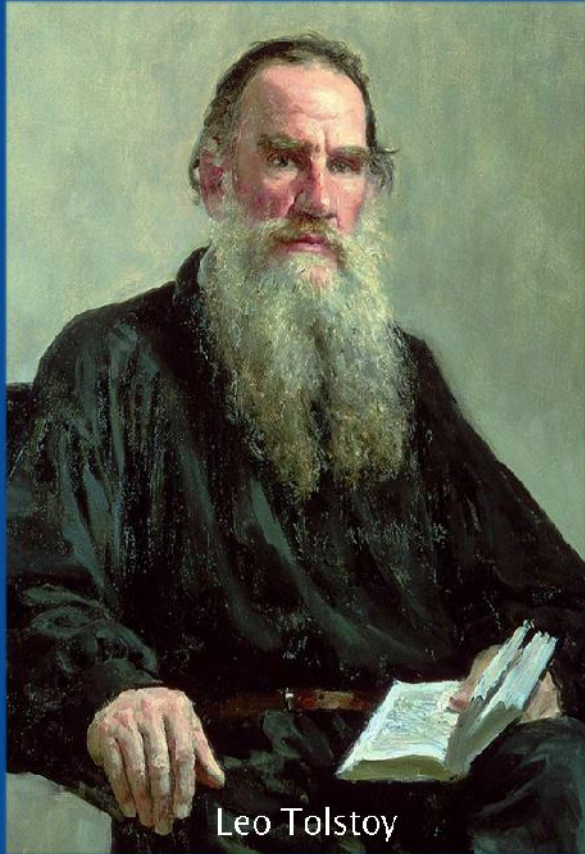
Weekly Livelihoods Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurships, health, education, service sector, skill development, climate change, monsoon and etc.) articles every week and put a form and upload in Social Media

Three Questions

This Leo Tolstoy story begins with three questions that arise in the mind of a king namely, What is the right time to begin everything? Who are the right people to listen to every time?; & What is the most important thing to do every time?. As the king goes in search of the answers, what unfolds makes this story an inspiring read. As Rumi quotes, 'what you seek is seeking you', the answers along the king's journey, makes it all worthy indeed.



Leo Tolstoy

3 QUESTIONS

1. What is the most important time to do anything?

[Now]

2. Who is the most important person to refer to?

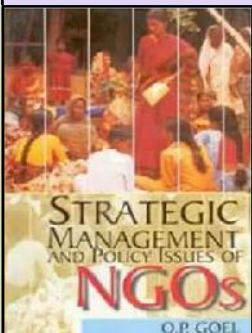
[The person with you]

3. What is the most important job to do?

[To do good to the person with you]

Source: <https://ebooks.adelaide.edu.au/t/tolstoy/leo/t65wm/chapter2.html?fbclid=IwAR0Mh2FSrxyOI7ayP1jBw9Pe5FWlQtgvgG3JSedivWbGfChutHGS8jx363k>

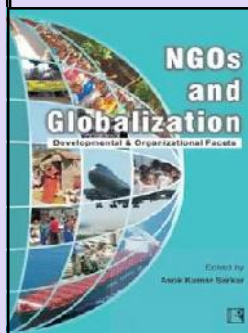
Latest Books



Book Name: Strategic Management and Policy Issues of NGOs

Author: O.P. Goel

Publication: Isha Books



Book Name: NGOs and Globalization

Edited by: Asok Kumar Sarkar

Publication: Rawat Publications

'Yoga'kshemam

Kaarthika! Guru Nanak! Vegan! Life! Saints! Souls! Gurus! Infants! Children! Men! Citizens! Pneumonia! Diabetes! Epilepsy! Cancer! Thanks! Kindness! No Violence (F)! Toilets! Transport! Television! Tsunami! Constitution! Flag!

AIDS | Manoharan | Pollution | Disabled | Navy | Volunteers | Armed Forces | SAARC | Rights | Energy | Mathematics | Farmers | Good Governance | Vajpayee

Rest in Peace: Deepak Suchde, Natu-eco farming/Amritakrishi.

BJP manages to form Government in Haryana. In Maharashtra, BJP and Shivasena are figuring out the way forward.

Ladakh and J&K became UTs w.e.f. 31 October 2019.

A team has met in Paderu during 15-17 October 2019 to discuss making Paderu tribal region into a 100% natural farming area – 100% NF Paderu. All the stakeholders, more or less, say it is a good aspiration and each one will their bit. Integrated Tribal Development Agency, Rythu Saadhikaara Samstha, Girijan Cooperative Corporation, Society for Elimination of Rural Poverty. Line Departments, Civil Society Organizations (like Kovel Foundation, Vikasa, Girijan Vikasa Kendram, SVDS, Srujana, CCN etc., apart from Azim Premji Philanthropic Initiatives, are game. 100% NF Paderu, about 80 clusters, translates as 100+ thousand farmers and 100+ thousand hectares of Paderu will come under natural farming, from the current 21 clusters, with about 10,000 farmers outreach and 2000 ha acreage under natural farming in 6-7 years. 7-8% to 100% in outreach terms; 2% to 100% in acreage terms; and less than 1% to 100%, in practice terms.

It is an ambitious but feasible and exciting agenda. It will not be business-as-usual. Customized fully to Paderu context and culture. Passionate team(s) will shoulder the agenda, in the field, with the farmers all the time. Community Campaigns will be unveiled. Institutions will be reoriented. New institutional architecture will be unfold. New animators from within spring up to bring life to the movement. Models suitable will be discovered and new models will be crafted. Visioning – Landscaping – Integrated farming-food forests – water - Remote sensing – from household à habitation à local landscape à Paderu landscapes will be visualized by the Paderu community. Intense Investments will be in 'mobilization', 'conversion', access to inputs, multiple and cover crop augmentation and increased crop intensity, self and local consumption, local value-addition and linkages for long value chains. Bio-villages, Local brand, Trust markets, Certification in terms of Verified source areas, and Challenge certification will be attempted on scale. Entire System will be in community hands. All stakeholder will be pull and pooled on to 'ICT+ platforms' being developed. 100% traceability and trackability. 100% Institutions, Collectivization and Communitization. A federation of farmer producers organizations will take charge of 100% NF Paderu from the team slowly but right from the beginning.

This will be mobilization-centric conversion movement. Of course, we will hurry slowly – say <1% →2% →6% →15% →30% →55% →85% →~100%. This would mean Rs.1000+ Crore Natural Produce/year, with better food-nutrition-health to all locally, with tripling of the economy. It is Guaranteed if an empowered team takes charge, with long tenure, vision, capacity and drive. This is a la NDDDB - Dairy Board. NDDDB working with AMUL (federation). AMUL building its member collectives. May be it will work closely with an AMUL soon.

This long-haul effort will take off in 100 days.

As I am drawn by my innermost to reflecting over the last 5-6 days, to getting cleansed in the pearls of the innermost, to getting strength from the lights of the innermost, I chanced upon the Art of Living (Epictetus). I remembered Aarjava. The Art of Living is a manual on virtue, happiness and effectiveness. Of course, it is stoicism triad of ethics, logic and nature. It asks for living in the present, as the world presents itself, driven by logic – logic of the universe, and virtue as only good. One needs to work in harmony with nature. Subject matter of the art of living is each person's own life.

All external events are beyond our control. We should accept calmly and dispassionately whatever happens. Individuals are responsible for their own actions which they can examine and control through rigorous self-discipline.

One can live a life of simplicity with few possessions. Note that - That alone is in our power, which is our own work - our opinions, impulses, desires, and aversions. What, on the contrary, is not in our power, are our bodies, possessions, glory, and power. Any delusion on this point leads to the greatest errors, misfortunes, and troubles, and to the slavery of the soul. We have no power over external things, and the good that ought to be the object of our earnest pursuit, is to be found only within ourselves. The determination between what is good and what is not good is made by the capacity for choice. Capacity for choice allows us to act, and gives us the kind of freedom that only rational animals have. It is determined by our reason. Therefore, we need to Practice to examine, test and accept/reject impressions.

G Muralidhar

It is only our opinions and principles that can render us unhappy, and it is only the ignorant person who finds fault with another. We ought not to forget the transitory character of all external advantages, even in the midst of our enjoyment of them; but always to bear in mind that they are not our own, and that therefore, they do not properly belong to us.

The emotions of grief, pity, and even affection are well-known disturbers of the soul. Grief is the most offensive. The will of God is to have all men share happiness. Not things, but opinions about things, trouble people.

Life gives and Life takes away. Do not bother. Care take this moment. Immerse yourself. Respond to this. Quit the evasions. Participate. Exert. The will of the Universe is within. Our natural genius is within. Listen.

Give your best and always be kind. Let us say what we want to be first and do what we have to do.

Let us live. Lead. Learn. Love. in the N-domain. Let us live, flow and be.

This is nirvaana. This is being in the flows of being. This is jeevanayanam.

Can we be there? **Yes, if we pursue Atma Yoga.** If we flow! If we are in the triad of – ethics, logic and nature – universe! If we be! If we practice! If we let the innermost take charge! Krsna confirms 'he' is the universe of souls and each soul in sync with universe becomes one with 'him'.

Join us in the world of yoga – for life – towards krsnanajeevanayogasiddhi. You will not regret it. ❖

Important Days of the October

#October 14

This is a day marked for recognition of the collective efforts laid by thousands of experts to publish 'International Standards' for voluntary technical agreements.

Source - <https://www.iso.org/world-standards-day.html>



#October 15

#UnitedNations #UNWomen commemorates the quintessential role of rural women includes indigenous women in improving the situations of #foodsecurity and eradication of poverty on this day. As the contribution of rural women in #agriculture and #ruraldevelopment stands focus. 'Rural women and girls building #ClimateResilience' is the theme for the year 2019

Source- <https://www.unwomen.org/en/news/in-focus/rural-women-day>

#October 15, Birth Anniversary of Shri Kalam is observed #WorldStudents' Day!

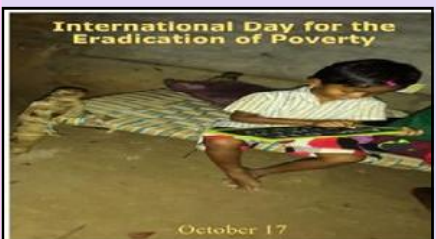
Remembering Dr Avul Pakir Jainulabdeen Abdul Kalam!

"When learning is purposeful, creativity blossoms. When creativity blossoms, thinking emanates. When thinking emanates, knowledge is fully lit "

#October 16

This day commemorates the foundation of [Food and Agriculture Organization of the United Nations \(FAO\)](#). The need for food & nutrition security is laid emphasis on. The theme for the year is "Our Actions Are Our Future. Healthy Diets for a #ZeroHunger World".

Source- <http://www.fao.org/world-food-day>



#October 17

[United Nations](#) This day commemorates the efforts and energies laid by the nations to eradicate poverty. The role of awareness and active partnerships in pitching a life of respect for all is the emphasis.

Theme 2019 - "Acting together to #Empower Children, their Families, and Communities to #EndPoverty".

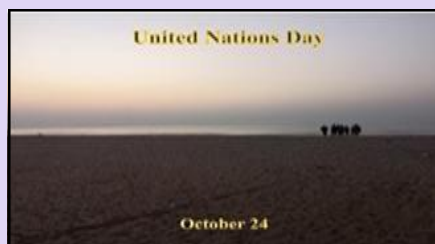
Source: <https://www.un.org/en/events/povertyday/background.shtml>

#October 24

World Development Information Day

[United Nations](#) earmarks this day, to draw the attention of the world towards development issues, propagating the international cooperation by focusing on improving the dissemination of information and mobilization of public opinion.

Source link - <https://www.un.org/en/events/devinfoday/>



24 #October

United Nations Day

This is in commemoration of the coming into force of the UN charter besides celebrating the ideals & spirit of the very existence of [UnitedNations](#).

Theme 2019 - Our Planet, Our Future

Source link - <https://www.un.org/en/events/unday/>

#October 31

#WorldThriftDay #WorldSavingsDay

This day lays emphasis on the need to promote one of the key necessities to financial security, 'savings' at individual, community and national levels. Awareness on the need to save money in the banks & its primary role in promulgating national wealth is the ideal behind. In India, this day is celebrated on #October 30 every year.

