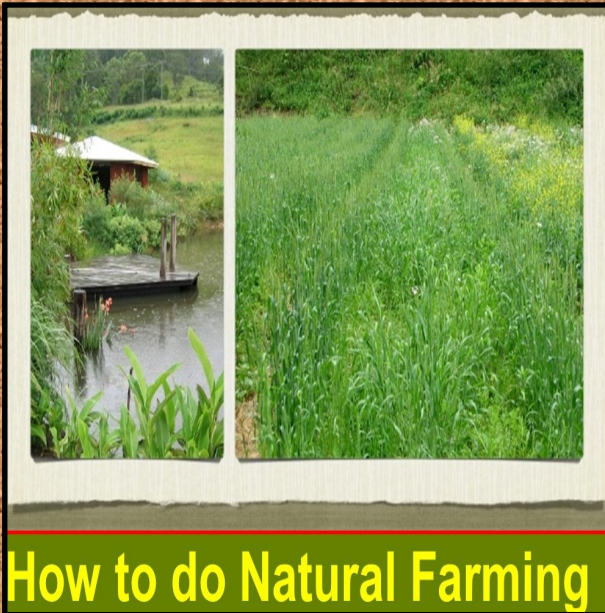


livelihoods

today and tomorrow

September 2020



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Yogakshemam

Onam! Teachers!

Let us consume nutrition. Let us produce nutrition. Let us have food, nutrition and health security. Let us eat coconuts, drink coconuts, let us realize coconut as kalpavriksh. Let us make more charitable thoughts, words and actions. Let us give. Let us be taught. Let us be teachers. Teachers see the heroes in us. Let there be functional literacy everywhere. Life is blessed. No suicides, please. Even if it is abetted. Let all of us have knowledge and access to first aid. Let Engineering-Technology mind flourish. Let scientific thought pervade. Let us be the torch bearers. Let people rule. Let there be more of people's rule with sensitivity. Let us have more democracy. Let us care the ozone layer. Let there be peace everywhere and to everyone. Let us be more agile physically, mentally. Let us beat Alzheimer. Let us respect native languages. Let us master our native language first. Let us learn more languages. At least 3. Let us spend time, see, observe, capture, listen, talk life, nature, culture, events, in various locales. Let us keep rivers intact. Let us nurture. They are our lifelines. They nurture our civilization. Let us have heart. Let us care heart. Let us care life. Let us be sensitive. Let us keep mind, heart and body in sync.

Elders | Coffee | Vegetarian | No-violence | Animals | Teachers | Air Force | Post | Mental Health | Girl Child | Disaster Reduction | Handwashing | Students | Food | Poverty Eradication | UN | Dev Info | Thrift | Unity

It is Unlock 4.0 time. No travel restrictions except in containment zones. Functions and congregations continue to be restricted. Schools, International Travel, Cinemas et al remained closed at least for another month.

Corona is still going strong towards 25+ Million in the world, 3.5+ Million in India. India is still peaking. Vaccines are clearly there in the horizon. Some treatment protocols. Self-care and caution is the mantra.

Sadgati to former President Bharat Ratna Pranab Mukherjee.

Here is our 155th 'livelihoods'. Our picks of the month include: How to 'do Natural Farming'?

Videos – "Journey Towards Change"; "Sustainable Agriculture 'Natural Farming' Yoshika"

Fieldworker Dairy (Bharathi)

Classic Books – The Mother – Maxim Gorkhy; The Art of the Start – Guy Kawasaki

Classic Articles – Explained: Why India's handloom industry needs hand-holding to get back on its feet; Strategic Planning of Rural Development Based on Foresight Methodologies.

We are working extra hard to release Third Volume of Livelihoods on Ground in September, and Second Volume of Yoga'kshemam', in October.



With the faith and hope that you find this and evolving 'livelihoods' useful, we remain. We request you to join us in our info-travel. Let us travel together.

the 'livelihoods' team

'livelihoods' team

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	K Ramesh
	N Shruthi
	G Swathi

Walked/walking with us

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T Aparna Gayathri	Naval Shaini
K Bharathi	M Nilendu
G Bhargava	G Pulakeshi
Bhavya M	T Nirmala
Bhima Shankar	LB Prakash
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Chaithanya	B Sai Srinivas
P Kishore	M Siddhardha
Krishna Murari	K Sridevi
M Lavanya	Soumya
B Madhusudhan	R Swati
P Madhusudhan	A Venkata Ramana
G Madhu Vamsi	M Vijaybhasker
Mansi Koushik	K Visweswar Rao
P Mahesh	A Uma
V Murali	T Vina

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Supplements / Videos

How To	How to do Natural Farming https://www.youtube.com/watch?v=4vjLicc4s0U
Supplement (News)	Monthly Livelihoods Update (August 2020) https://drive.google.com/file/d/1mVla1-ljqwJaRlCZY8A3whgKcb-mZl/view?usp=sharing
Supplement (Images)	Monthly Images Compiled (August 2020) https://drive.google.com/file/d/1l4ljne4uYS2mGuo8-H9XlUyBSc37Uz07/view?usp=sharing

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<https://www.facebook.com/livelihoods.portal.75>

<https://www.facebook.com/groups/355847681149768/>

<https://www.facebook.com/Livelihoods-People-168949873148505/?surface=rese>

Videos of the Month

How To



How to do Natural Farming

Link: <https://www.youtube.com/watch?v=4vjLicc4s0U>

External Videos

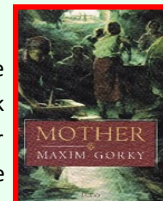
Videos of the Month

Highlights of National Education Policy 2020	https://www.youtube.com/watch?v=i_bblFUguU&fbclid=IwAR20hh5l_rw2vNgZPhMj1giiYxwJdzAmefuxc-
Climate Smart Village Project: The benefits of conservation agriculture	https://www.youtube.com/watch?v=Pq2Chb1vgGg&fbclid=IwAR0Ae8eNt_0PpY59yvnZo1mMTbTMvSbHv1ayx7QOSifVvX9ud5EM
Collective Farm By Dalit Women	https://www.youtube.com/watch?v=Vcs596doBm4&fbclid=IwAR0cAlykbizkF4S-
Using underutilized foods to improve livelihoods and nutrition in India	https://www.youtube.com/watch?v=0MXLskF8NEc&fbclid=IwAR2PLZUhmRk8uAED0iFz3j_nx9_mmfmWDIIcqrXqO8YcVJkF00uh_ABhwUo
Covid effect:' Handloom will die soon' fear Karnataka weavers	https://www.youtube.com/watch?v=1Q5341LzQzY&fbclid=IwAR0aMwgqxMppFX6D3A1xSaGIGwJTPHibh9ql5pBa-
Farmer's Economic Empowerment The Role of Dairy Cooperatives	https://www.youtube.com/watch?v=ocHltdJgiVQ&fbclid=IwAR2p43QInOUXV0WjoNfO6yv2KKu7m9hkkQRuJqyLbByNKRosdNtBZp
Unemployed youth in Manipur benefit from self-employment venture	https://www.youtube.com/watch?v=Z_Pk5fstYS0&fbclid=IwAR1msZCtn19g8J7S22KaS6vTjPL5dyvBwATqLXY2PvsiCzah8MDRjJscI
Enhancing Livelihood through Integrated Approach	https://www.youtube.com/watch?v=9zTH9rkfW1o&fbclid=IwAR31kNYj_AWix47HEwfPaR0NxCo8WlqIGDCjsgKpB3_pNiZxa-
The ILO: Promoting employment and decent work for peace and resilience	https://www.youtube.com/watch?v=4fiemf2vrnY&fbclid=IwAR3GEuiYIH-Ce-qOnmS2Wa3sygbequGWuLQKlsl2j_1lxokjBhOgYXb9gZE
USAID Reduces Poverty and Improves Livelihood through Microfinance	https://www.youtube.com/watch?v=JRAqz_SUMS0&fbclid=IwAR31kNYj_AWix47HEwfPaR0NxCo8WlqIGDCjsgKpB3_pNiZxa-
Bee-keeping for livelihoods in the Indian Bengal delta	https://www.youtube.com/watch?v=113evHV317U&fbclid=IwAR3BaESJL7ivwxQZ6xO8ue4xVxTPrjJW-
Sustainable agriculture "Natural Farming" Yoshikazu Kawaguchi	https://www.youtube.com/watch?v=qCAO1IyYfs&fbclid=IwAR3cokPGE-UHAvfc04cvANSfgywFdzMgL7eufKMpJ4ikj7ycWLMmKXIBL7s
An Insight into The Tribal Livelihoods	https://www.youtube.com/watch?v=HTAi8g9FyvM&fbclid=IwAR01PKMb_3NBdkNINelWchXBm3Mdags6noM0KjK3kFnVlisZiXAg
Tamil Nadu State Rural Livelihood Mission ELDERLY PROJECT	https://www.youtube.com/watch?v=jZ8aLS3lqL4&fbclid=IwAR2KYKmf-IFl-KIIT1Dwk-i81hCcjD3gNReo6ibvx96W3wQj4-1ABhwQNGvg
Journey towards change	https://www.youtube.com/watch?v=Xjw7iqLoZOo&frags=pl%2Cwn

Books of the Month

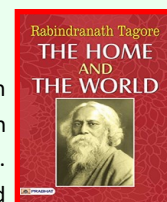
Classic Book : Mother by Maxim Gorky

The book 'Mother' is written by Maxim Gorky. The literature in this book represents much more than a pristine chronicle of a time and place; it occupies a unique position via the nexus of past and future realities. In the book the writer describes the vulnerable conditions of workers of 19th Century in Europe. The workers struggle for their betterment and its impacts on the co-workers is elaborately explained and is considered a turning-point in the history of Russian literature.



Classic Book : The Home and The World by Rabindranath Tagore

"The Home and the world" is a tale of freedom and love against the backdrop of Indian freedom movement. Set on a Bengali noble's estate in 1908, Rabindranath Tagore authored this book. The central character, Bimala, is torn between the duties owed to her husband, Nikhil, and the demands made on her by the radical leader, Sandip. Being an ideal husband, Nikhil encourages his wife to experience the outer world through his revolutionary friend Sandip.



Classic Book : The Art of The Start by Guy Kawasaki

Guy Kawasaki helped turn ordinary customers into fanatics. As founder and CEO of Garage Technology Ventures, he has tested his iconoclastic ideas on real- world start- ups. The book 'The Art Of The Start' gives the essential steps to launch great products, services, and companies, whether you are dreaming of starting the next Microsoft or a not-for-profit that is going to change the world.



Classic Book : The Iron Heel by Jack London

The 'Iron Heel' is a struggle saga against capitalism written by Jack London and published in 1907 - two years after the first failed Russian revolution. It narrates contemporary events in the USA of those times where working class were joining unions and the ruling class response to the uprising revolution. The story revolves around a memoir the 'Everhard Manuscript', written by a person named Avis, wife of a socialist revolutionary Ernest Everhard.



Images of the Month



Mat Making



Sheep Rearing

[Link: Monthly Compiled Images - <https://drive.google.com/file/d/1mVla1-l-JqwJaRICZtY8A3whgKcb-mZl/view?usp=sharing>]

Articles of the Month

Rice yields decline with higher night temperature from global warming

The impact of projected global warming on crop yields has been evaluated by indirect methods using simulation models. Direct studies on the effects of observed climate change on crop growth and yield could provide more accurate information for assessing the impact of climate change on crop production.

<https://www.pnas.org/content/101/27/9971?sid=>

Explained: Why India's handloom industry needs hand-holding to get back on its feet

Handloom, or fabric woven by hand, makes up just over a tenth of India's total fabric production. A spectacular range is created by weavers across the country, from the Madras checks and Kanchipuram weaves of Tamil Nadu to pashmina and shahtoosh of J&K, from the tie-and-dyes of Gujarat and Rajasthan to the eri and muga silks of Assam.

<https://indianexpress.com/article/explained/explained-why-indias-handloom-industry-needs-hand-holding-to-get-back-on-its-feet/>

Market Power, Misconceptions, and Modern Agricultural Markets

Although microeconomics textbook writers continue to point to agricultural markets as examples of competitive markets, in reality probably none are, especially in light of dramatically increased concentration in food manufacturing (Rogers 2001) and grocery retailing .

<https://academic.oup.com/ajae/article-abstract/95/2/209/71528>

Strategic Planning of Rural Development Based on Foresight Methodologies

The purpose of the study is to establish scientific rational for the use of the foresight methodology in the strategic planning of rural development.

<https://www.hindawi.com/journals/scientifica/2020/5195104/>

Problems And Prospects Of Management Of Rural Development

The purpose of the research is to study problems of rural development management, to analyse the effectiveness of management of the resource potential of rural areas, and to study the socio-economic priorities of their development, as well as to determine the justified ways of their solution in modern conditions.

https://www.researchgate.net/publication/323753191_PROBLEMS_AND_PROSPECTS_OF_MANAGEMENT_OF_RURAL_DEVELOPMENT

Land Use Changes: Economic, Social, and Environmental Impacts

Major land-use changes have occurred in the United States during the past 25 years. The total area of cropland, pastureland and rangeland decreased by 76 million acres in the lower 48 states from 1982 to 2003, while the total area of developed land increased by 36 million acres or 48%.

<https://www.choicesmagazine.org/magazine/article.php?article=49>

Theories of Poverty and Anti-Poverty Programs in Community Development

Community development has a variety of strategies available to meet the needs of those persons and groups who are less advantaged, usually in poverty.

<http://www.rupri.org/Forms/WP06-05.pdf>

Decentralisation, Professionalism and the School System in India

This paper identifies and analyses institutional gaps and constraints that keep the Indian school system from acquiring a professional orientation.

<https://www.epw.in/journal/2000/42/special-articles/decentralisation-professionalism-and-school-system-india.html>

Taking agroecology to scale: the Zero Budget Natural Farming peasant movement in Karnataka, India

This paper analyzes how peasant movements scale up agroecology. It specifically examines Zero Budget Natural Farming (ZBNF), a grassroots peasant agroecology movement in Karnataka, India.

<https://www.tandfonline.com/doi/abs/10.1080/03066150.2016.1276450?src=recsys&journalCode=fips20>

Zero Budget Natural Farming: Are This and Similar Practices The Answers

Zero Based Natural Farming, which is in synch with the principles of agroecology as also other knowledge systems, seem to show a way out through its application by farmers' initiatives in Karnataka and the involvement of the state in Andhra Pradesh.

<http://ncds.nic.in/sites/default/files/WorkingandOccasionalPapers/WP70NCDS.pdf>

Smart villages bring CSR and government of India closer

69% of India's population lives in villages. With the reverse migration we are seeing right now, this percentage is set to increase in the coming months.

<https://thecsrjournal.in/smart-villages-csr-government-india/>

Troubling transitions? Young people's experiences of growing up in poverty in rural Andhra Pradesh, India

Global policy attention has begun to focus on young people in developing countries and much of the discourse is framed around notions of 'transition to adulthood' based on the idea that individuals develop in linear ways, separate from family and community.

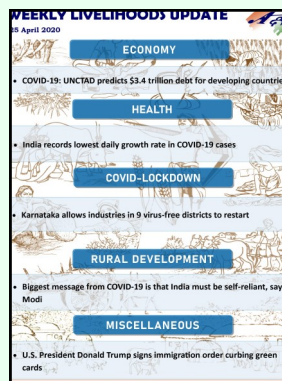
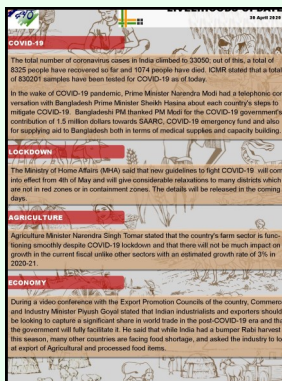
<https://www.tandfonline.com/doi/full/10.1080/13676261.2012.704986?scroll=top&needAccess=true>

Development strategies and rural development: exploring synergies, eradicating poverty

This essay reviews some of the main interpretations in development studies on agriculture's contribution to economic development.

<https://www.tandfonline.com/doi/full/10.1080/03066150902820339?scroll=top&needAccess=true>

Livelihoods Weekly and Daily Update



We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurs, health, education, service sector, skill development, climate change, monsoon and etc.) news every day and put a form and upload in Social Media.

We collect the livelihoods related (agriculture, rural development, livelihoods, economy, enterprise, partnerships, energy, entrepreneurs, health, education, service sector, skill development, climate change, monsoon and etc.) articles every week and put a form and upload in Social Media

[Link: <https://drive.google.com/file/d/114Jjne4uY52mGuoB-H9XJUyBSc37UzO7/view?usp=sharing>]

Field Diaries / Story

Field Worker's Diary

A Field Worker's Diary Compilation - livelihoods September 2020

(Part 34 to Part 41)

#LPRD# A Field Worker's Diary #Part 34 # 4 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-34-4-august-2020/>

#LPRD# A Field Worker's Diary #Part 35 # 7 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-35-7-august-2020/>

#LPRD# A Field Worker's Diary #Part 36 # 11 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-36-11-august-2020/>

#LPRD# A Field Worker's Diary #Part 37 # 14 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-37-14-august-2020/>

#LPRD# A Field Worker's Diary #Part 38 # 20 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-38-20-august-2020/>

#LPRD# A Field Worker's Diary #Part 39 # 21 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-39-21-august-2020/>

#LPRD# A Field Worker's Diary #Part 40 # 25 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-40-25-august-2020/>

#LPRD# A Field Worker's Diary #Part 41 # 28 August 2020

<https://livelihoods.net.in/2020/08/lprd-a-field-workers-diary-part-41-28-august-2020/>

"Peoplogue" Compilation - livelihoods September 2020

LPRD# "Peoplogue" # The Land After # 17 August 2020

<https://livelihoods.net.in/2020/08/lprd-peoplogue-the-land-after-17-august-2020/>

'Yoga'kshemam

Yogakshemam 16082020

Interdependence

15 August. 73 years of Independence to India. Interdependence. Prime Minister wished us from the ramparts of red fort. We thank for the freedom. For sure, we are inching for the identity, solidarity, capacity, rights, wellbeing and choices for all, everyone, of us. Our progress is impressive. Some of us are faster and some of us are slower. We have faith in our capacity and will. We promise ourselves that we journey forward with more intensity and resolve. Of course we love ourselves. We lead ourselves to be free, to be independent, interdependent.

Let us lead ourselves with working with body, limbs, heart, mind, soul. This corona will not last. Some other corona may come. There are many crises. And many will come. Some are natural crises. Many are made by us. Let us be ready. Let us be with nature and together, we fight all crises before us. We need intense movements to be with N. A la freedom. And we need leaders. People's leaders. Development leaders. Systems leaders. Technology leaders. Spiritual leaders. Integrating leaders. Participation, Inclusion, Collectivization and Communitization leaders. Culture leaders and communicators. Leaders binding unity in diversity. Leaders celebrating diversity with central spine. Lifeforce leaders and awakeners. Leaders of Global-National Movements at local levels.

We are a Krishi (enterprise, self-employment) centric. Our people are self-employed entrepreneurs mostly. This is in our blood. In our DNA. We need to rekindle this spirit, rooted in N. The youth, the women as trustees will make it. The elders will guide. Children will inherit to pass on to next generation. Enterprise with human face. With social face. In sync with nature. Sustainability and legacy for NextGen.

We give. We give with all our mite. We act in realization that we are connected and dependent amongst us. That is our strength. We work in circles and not in straight lines. As a circle, we raise ourselves. Shorter to longer/larger. We as producers reach out to we as consumers as directly as possible. We lead local. We lead value-addition everywhere. We make for ourselves and surpluses we give, sell to others amongst us. We enhance our abilities and capacities for adding value everywhere. With equity. With decent incomes to all involved.

If we are protected against life, living, livelihoods and enterprise risks, we would be focused. If our health is cared for, our children's education is guaranteed, our minimal survival needs are cared for, we focus on 'our leadership' and we soar. As living is eased, livelihoods take precedence. If these become rights, entitlements and justiciable, we move on with linkages, leadership, learning and love. We move on to give.

If we get money easily for our work, then we put in our best. If we do not have to go for sourcing resources, we become resourceful. If we are cared for, we care.

Focus on PVM people, villages, areas is crucial for equitable prosperity and balanced development. Lest we lose peace. May be, we lose conscience. May be Consciousness.

[Link: <https://livelihoods.net.in/wp-content/uploads/2020/08/Yogakshemam-16082020.pdf>]

Yogakshemam 29082020

Humility

Ganesh has reminded me of humility. Patience and forbearance. Particularly while learning, leading, loving and caring. Let us remember that we are tiny speck in this giant universe. Our time period is in the light years of existence of the universe. We can get effected by a invisible non-life. Therefore, humility is not a chance. It is acceptance of the reality towards a journey of growth and learning. For inner wellbeing. For resilience.

Even then, we need to note that our energy, thoughts, words and actions have consequences. Our intentions, collective intentions come through. We need to accept what is there as it is before we intent change. We have reasonable control on ourselves, and not on others and their circumstances. And our energy can change circumstances. If we commit to change deep inside us fully. Our lives are our own making largely. We are connected. Everything is connected. Time is connected. A small change here and now can make a big difference somewhere after sometime. We can only do one thing at a time in that nano second. Let us be clear multi-tasking with multi-ends does not exist. We need to give. Period. We need to give in to give. Then we grow. Conscious change is to change the course of history. Present energy matters, and nothing else. Patience and perseverance is the only way get lasting joy. This comes from leaving a lasting impression on the whole.

Humility, humbleness, includes confidence, asking questions and guidance, comfort in being uncomfortable, goals/vision, and reflecting on the behaviour, beliefs and practice every day. Humility cannot stabilize.

It needs to go up more and more. It is an important life skill for all of us.

It is a recognition of self in relation to the universe. It is a liberation from consciousness of self, centring on low self-preoccupation. It is being 'grounded', on earth - humus. Humility includes appreciation of one's talents, skills and virtues; and limits; but remain humbled to what one can become. Pride leads to thinking of oneself more. Humility is the opposite of this, where one thinks about oneself less, often never. Humility is surrender to the will of the universe. This translates as practice of learning, service, care and love-kindness. Accepting criticism, forgiving, and modesty are part of humility. Humility is letting the ego go. It is the feeling deep inside, not an outward action. One with Universe, feeling one with everyone, everylife and everything.

Humility is action without claiming the results. It is not being a doormat. Humility can go together with a fierce resolve with awareness, openness and perspective. It is a recognition that we are worth no more or less than anyone else. Therefore, we listen. We are mindful. We are in the present. We are grateful for what we have. We show gratitude. We seek help. We seek feedback. We are mindful of the language.

This applies to learning too – in four learning relationships - learning through coaching, co-learning creating knowledge, mentoring, and peer learning. Learning leadership calls for dealing with ambiguity, engaging, capacity to unlearn-learn, teamlearn, and open systems thinking.

[Link: <https://livelihoods.net.in/wp-content/uploads/2020/08/Yogakshemam-29082020.pdf>]

Yoga 'kshemam'

Video Series



G Muralidhar

Yogakshemam 16 August 2020 (Interdependence)

https://www.youtube.com/watch?v=UiW_s1bkbDw&feature=youtu.be

Yoga'kshemam' 30 July 2020 (Friends Make All the Difference)

<https://www.youtube.com/watch?v=b9ixPleLyY&feature=youtu.be>

Yogakshemam 2018 September (Let Us Revisit Tagore's Gitanjali)

<https://www.youtube.com/watch?v=zkhQJjTHWjc&feature=youtu.be>

COVID-19 INDIA as on :
01 September 2020,
08:00 IST (GMT+5:30)

(↑↓ Status change since
yesterday)

Active (21.29%)

785996 (4021↑)

Discharged (76.94%)

2839882 (65081↑)

Deaths (1.77%)

65288 (819↑)